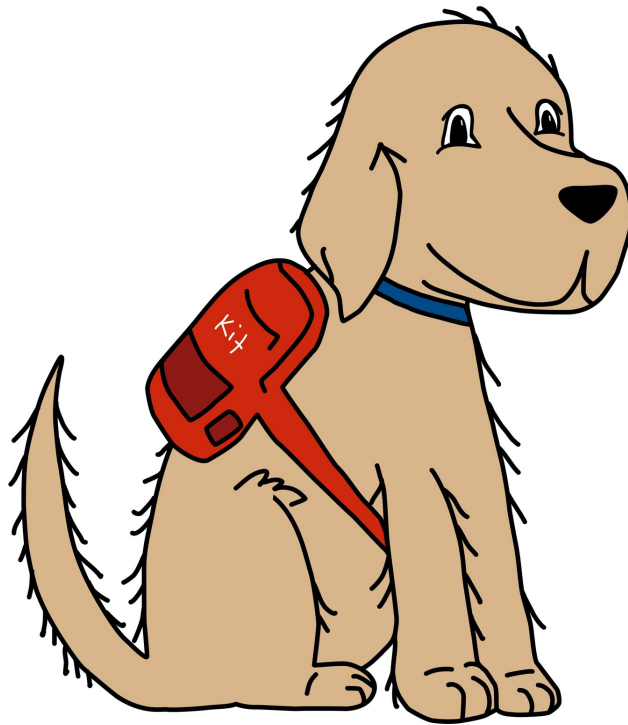


PREPARED, NOT SCARED

COLORING AND ACTIVITY BOOK



WILLIAMSON READY
PREPAREDNESS
PROGRAM



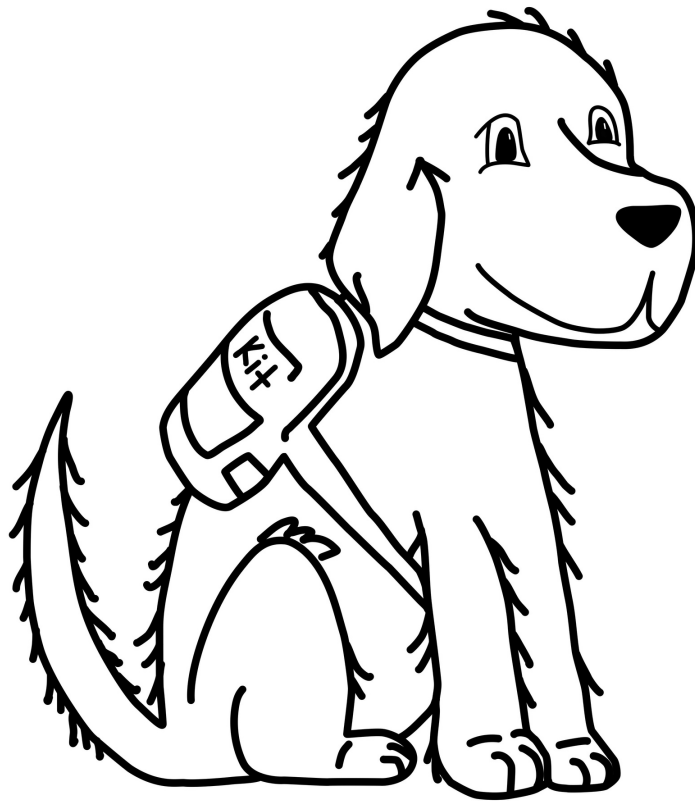
This activity book is designed to be used in conjunction with learning materials from the Williamson Ready Preparedness Program at williamsonready.org.

Prepared Not Scared: Coloring and Activity Book is a publication created by the Williamson County Emergency Management Agency in Williamson County, Tennessee, for the Williamson Ready Preparedness Program.

This activity book is also available as a free download at www.williamsonready.org.

PREPARED, NOT SCARED

COLORING AND ACTIVITY BOOK

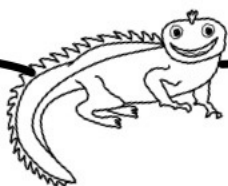


WILLIAMSON READY
PREPAREDNESS
PROGRAM





WILLIAMSON KIDS ARE
PREPARED, NOT SCARED!



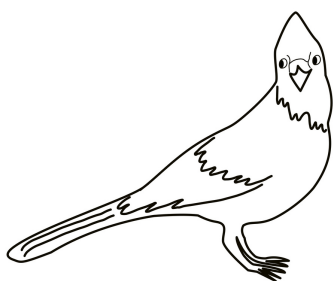
KIT AND FRIENDS



How well do you know Kit's preparedness helpers?
Complete the pictures by drawing where they work!

Go to williamsonready.org to learn more about each of Kit's friends!

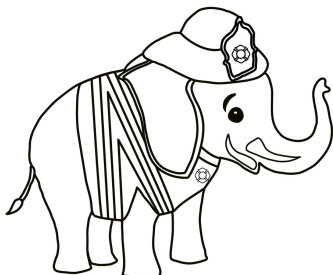
Weather Station



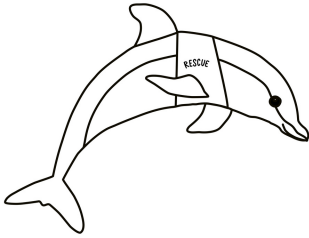
State Park



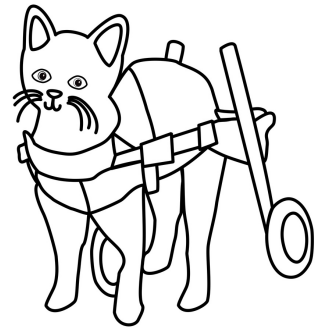
Fire Station



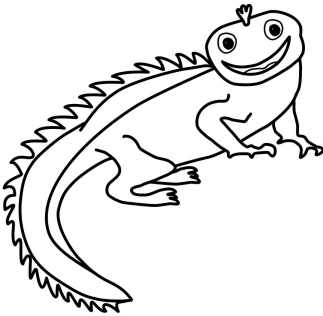
Swiftwater Rescue



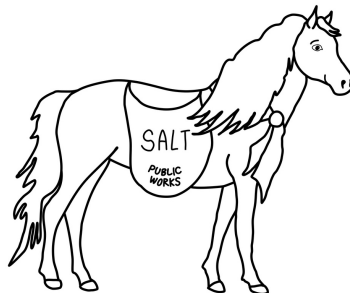
Hospital



Science Lab



Snowy Roads



SEASONAL HAZARDS

What hazards are most likely to happen in each season?

Draw your ideas in the boxes below!

WINTER

SPRING

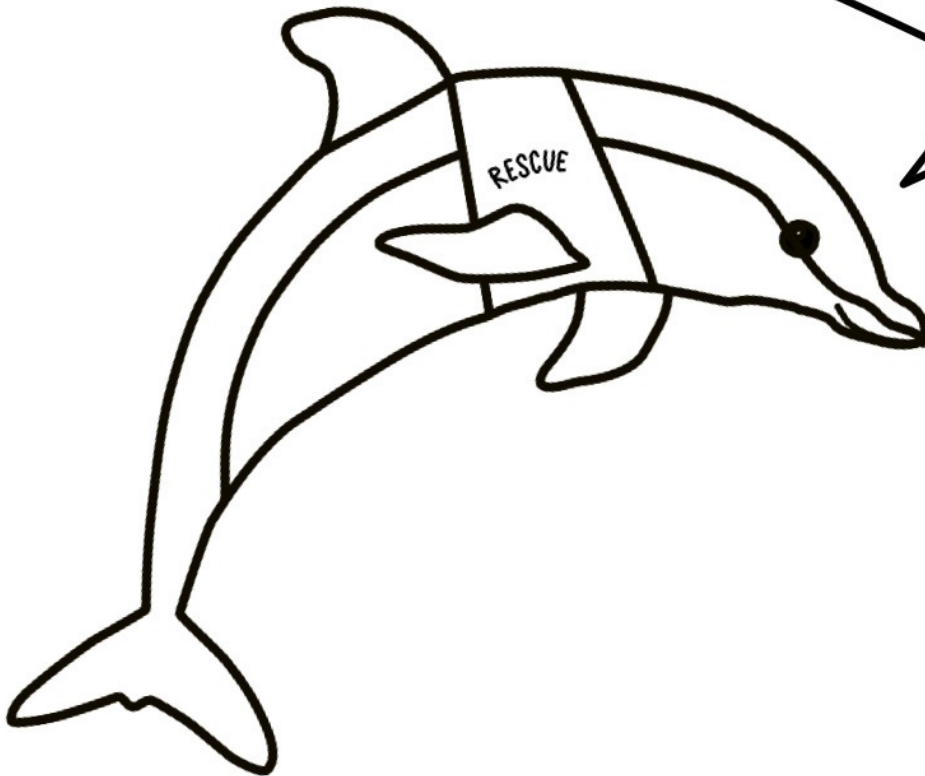
SUMMER

FALL

ALL YEAR

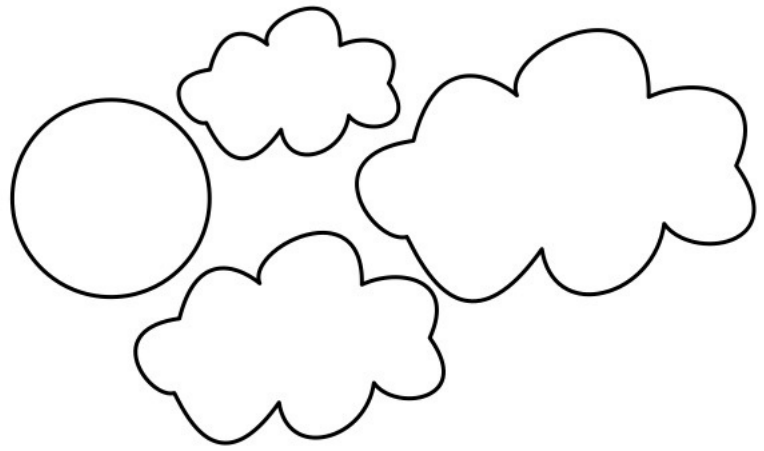
It only takes six inches of fast moving water to knock over a person, and only one foot to move a car! It's important not to swim in flood waters, or drive through them.

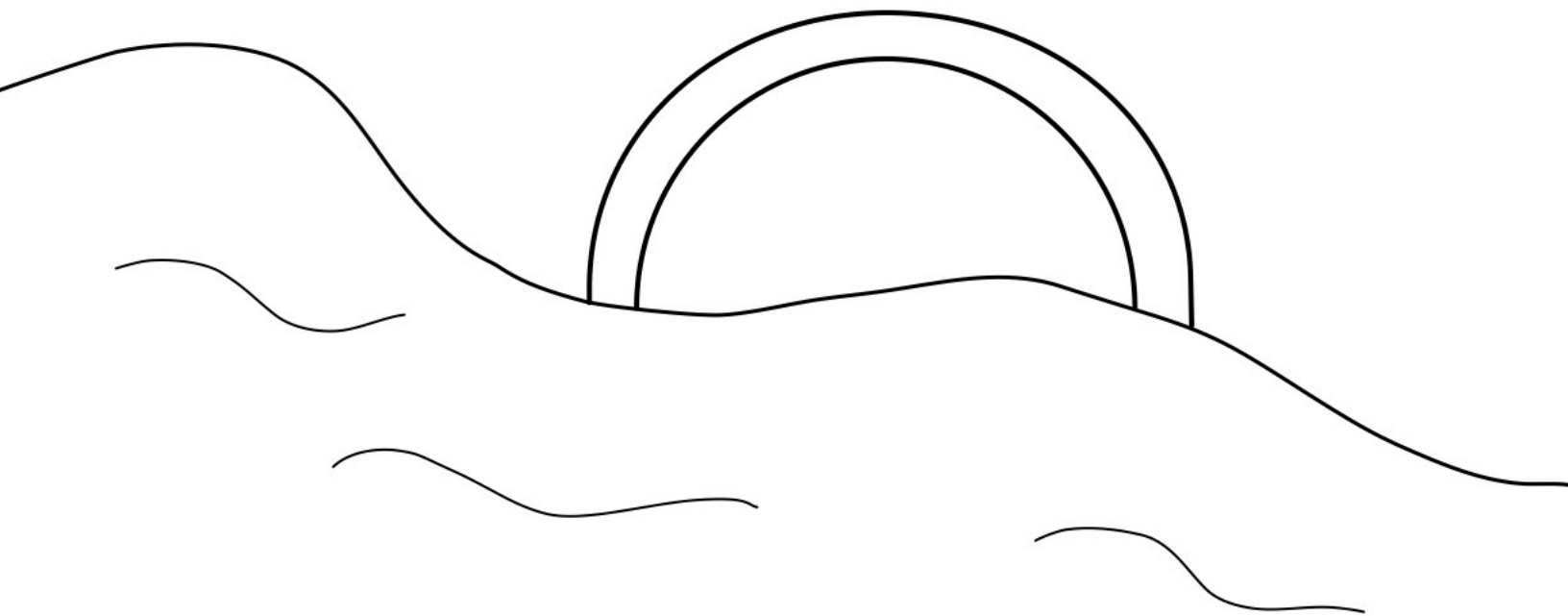
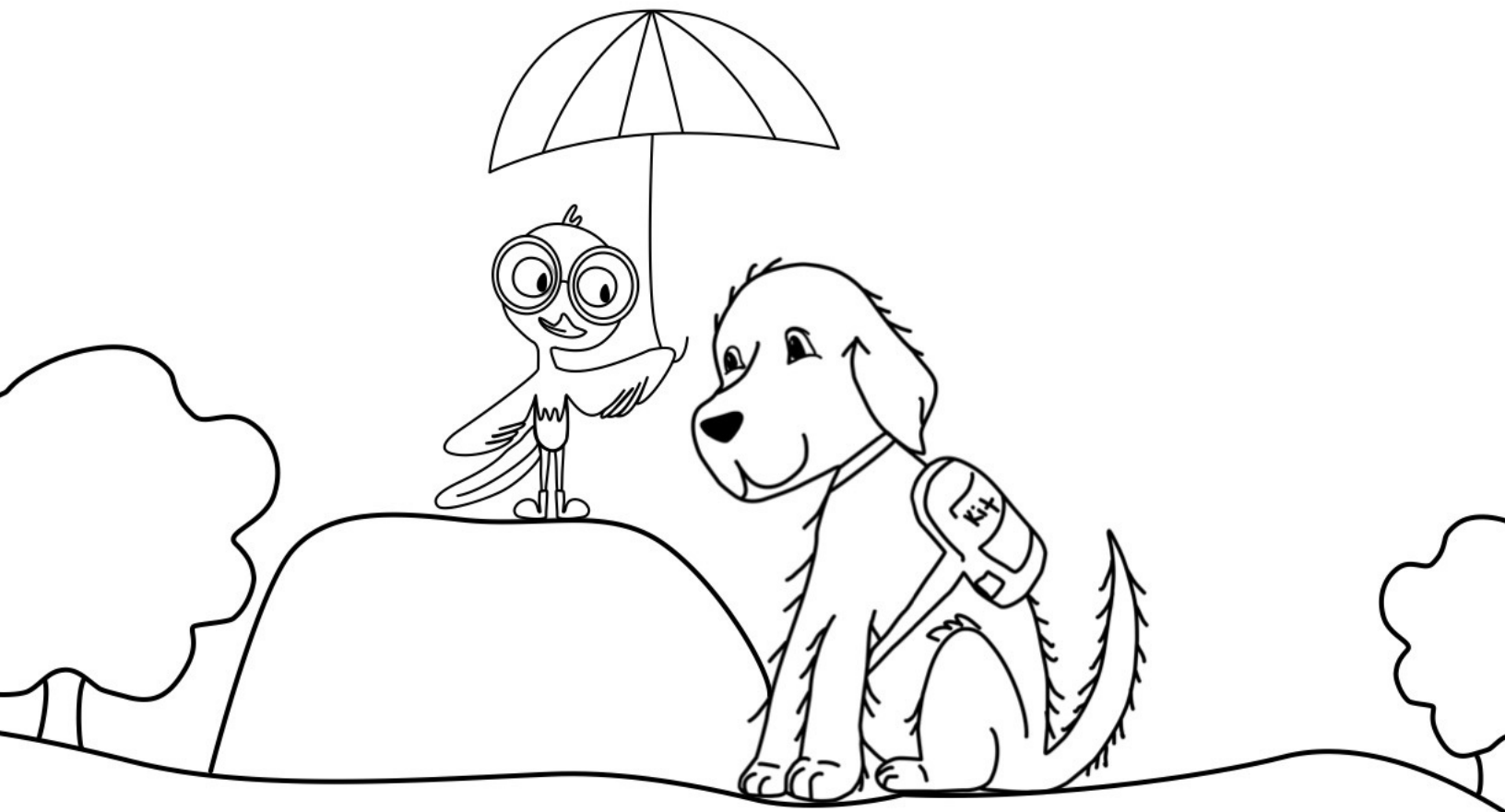
Remember: turn around, don't drown!



FLOODING SAFETY

Help this car find a safe way to Nashville!





If it's flooding, make sure you stay on higher ground. Do NOT go swimming in floodwaters, especially near culverts! Floodwaters can sweep you off your feet and wash you away, so stay on dry ground.

FLOODING

Test your knowledge! Do you know what to do before, during, and after a flood?

What is a flood?

What to do

Before

During

After

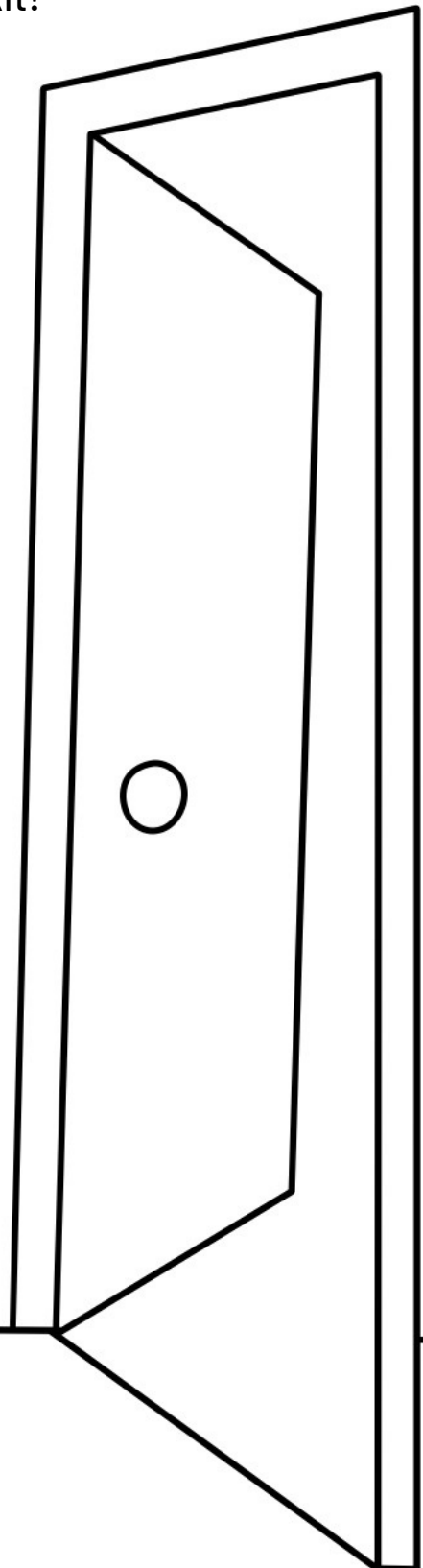
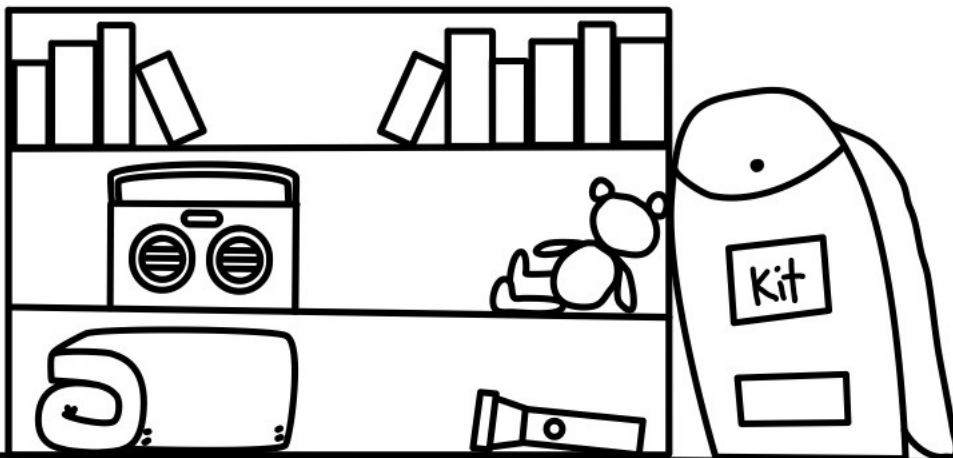
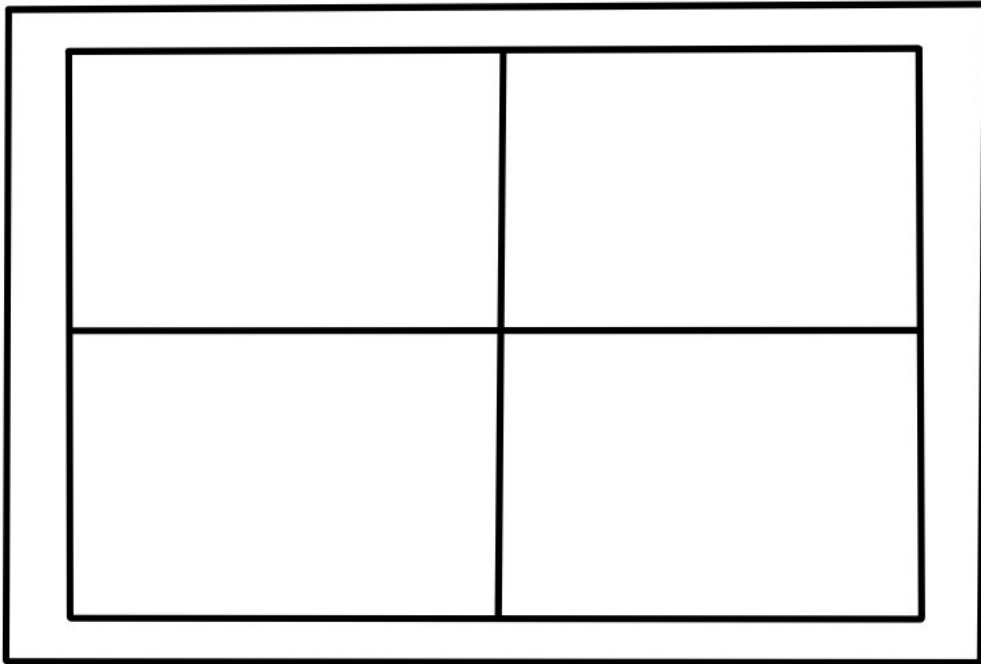
What kind of extra items would you put in your tornado kit? Don't forget to include items like a favorite stuffed animal.

During a tornado you should move to your safe space: an interior room on the ground floor and away from windows. Don't forget to close the door!



TORNADO SAFETY

Color in items to include in your tornado kit!



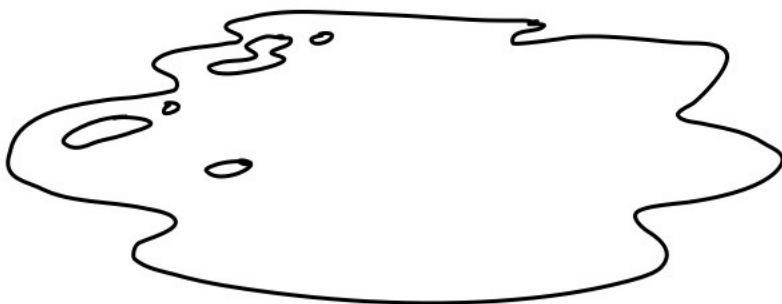
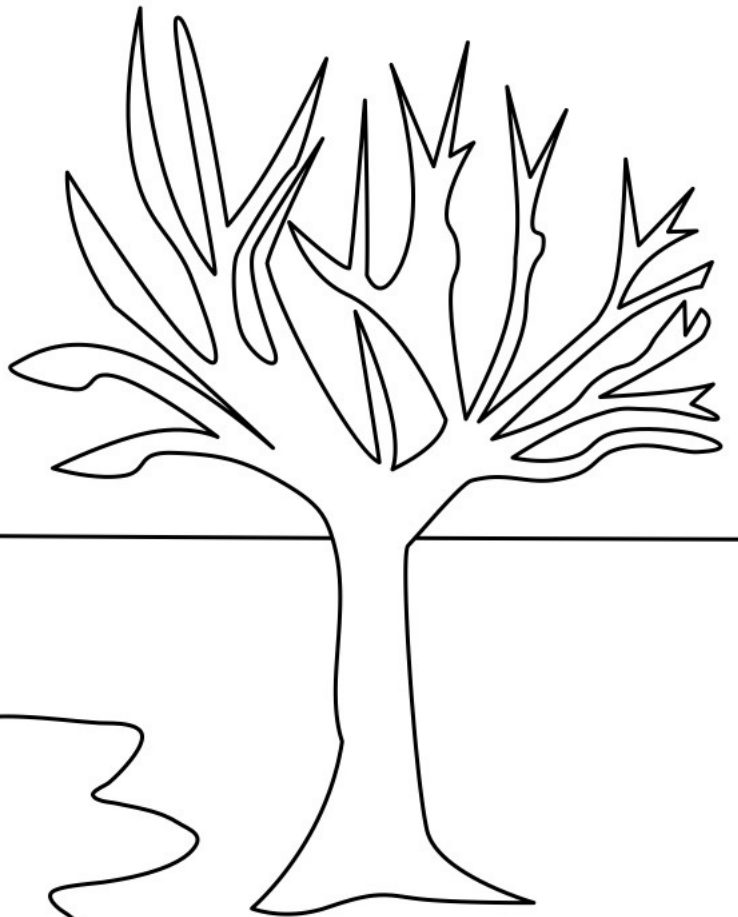
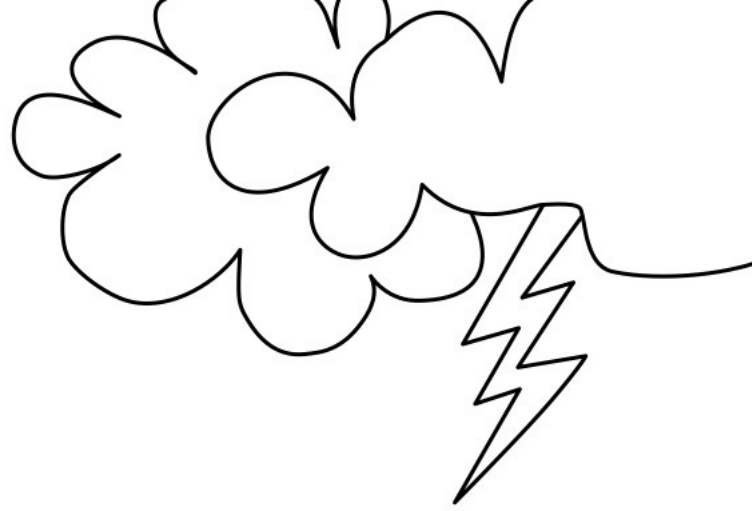
If you are caught outside during a storm,
it's important to find shelter. A house,
barn, or other building works great!

If there is lightning, stay away from
bodies of water, open fields, and large
trees. These can all put you close to
lightning targets.



LIGHTNING SAFETY

When thunder roars, go indoors!



STORM SAFETY WORD SEARCH

Find the severe storm words in the puzzle below. Words can go in any direction and share letters as they cross over each other.

X	Q	P	Q	R	N	B	U	G	T	Y	H	C	J	U
A	J	W	D	E	A	M	N	H	G	R	C	Z	Z	Y
J	S	P	L	A	N	I	U	O	X	O	T	P	H	C
L	P	P	H	Y	N	N	N	I	M	S	A	Q	C	G
M	T	G	N	T	D	G	H	A	Q	I	W	C	P	N
W	K	B	H	E	V	F	N	V	Y	V	B	Z	L	A
M	R	G	R	I	V	S	L	I	C	D	M	I	D	R
E	I	U	T	N	I	P	Y	P	N	A	D	N	X	J
L	P	V	M	D	J	A	A	B	L	R	I	L	Q	R
W	N	L	Q	C	E	S	S	D	X	W	A	B	Q	K
D	F	S	C	Z	R	A	X	T	W	Z	X	W	E	R
C	J	K	D	M	H	F	O	D	A	N	R	O	T	I
X	N	Z	Y	C	P	E	V	R	I	R	N	R	U	M
C	K	I	O	O	L	T	M	Y	K	U	W	V	A	J
E	K	S	O	Z	S	Y	Y	E	N	C	G	N	E	Y

TORNADO

WIND

RAIN

LIGHTNING

THUNDER

ADVISORY

WATCH

WARNING

SAFETY

PLAN

TORNADOES

What should you do before, during, and after a tornado?

What is a tornado?

What to do

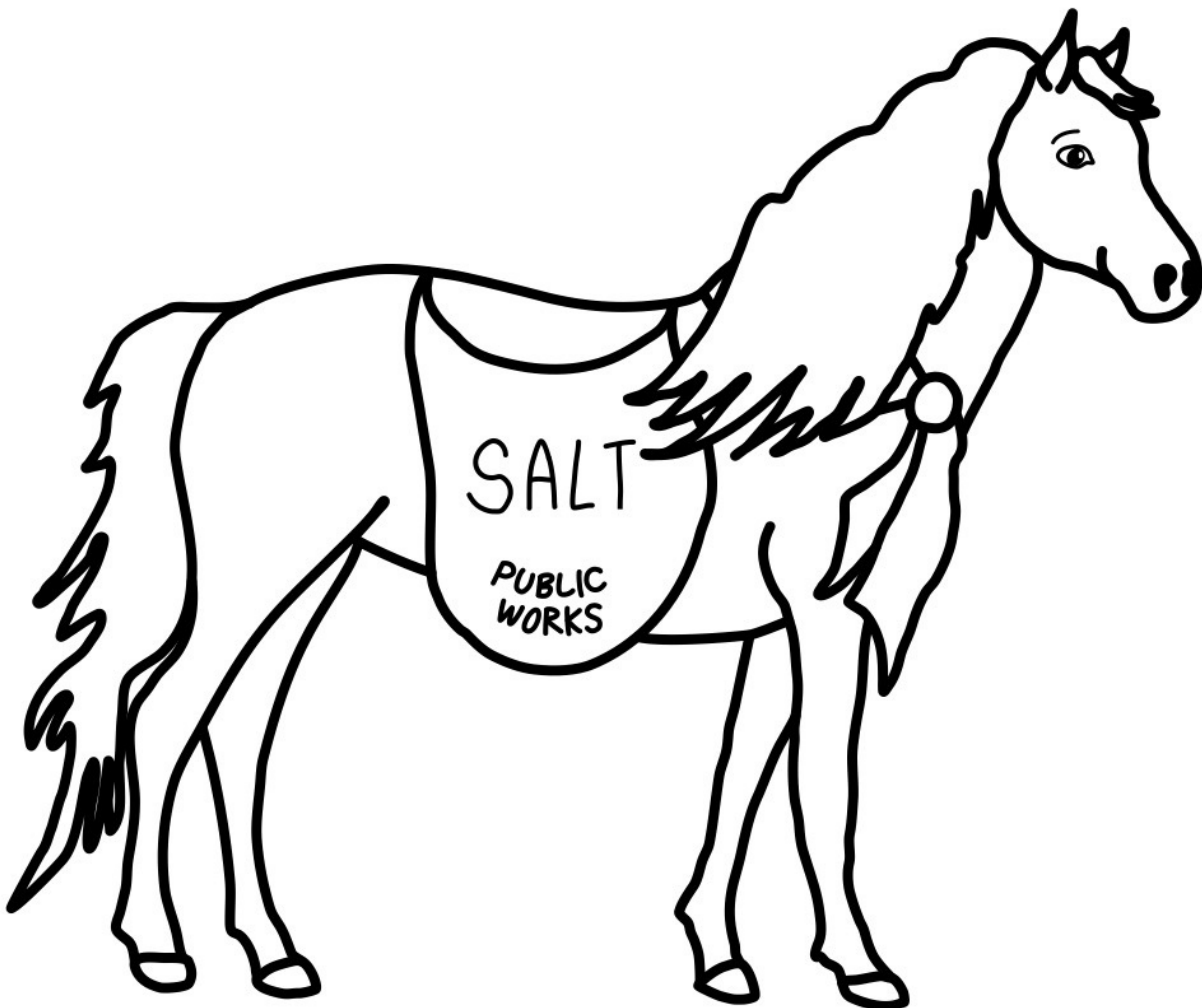
Before

During

After

You can help me keep the roads safe during winter storms by finding a good spot to go sledding!

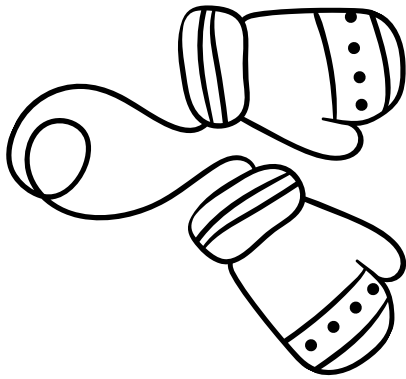
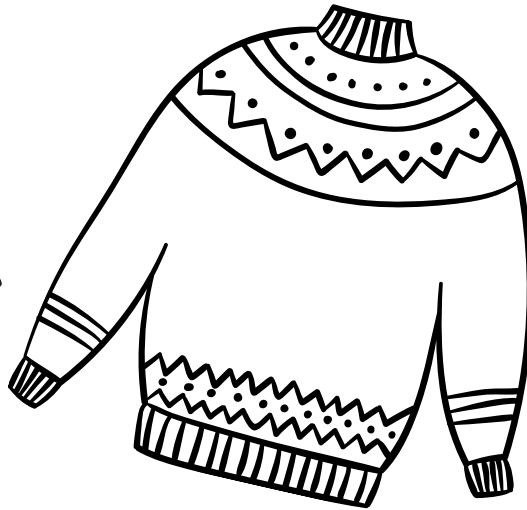
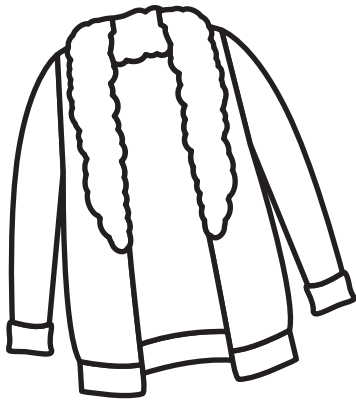
When sledding, stick to open areas away from roads and never sled while being pulled behind a car, truck, or ATV.



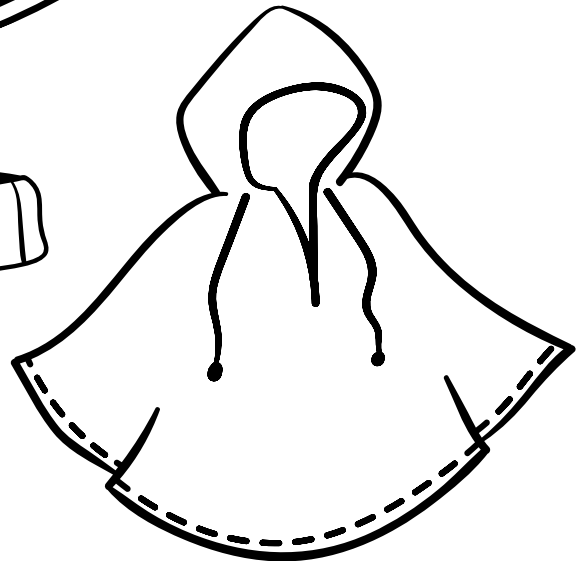
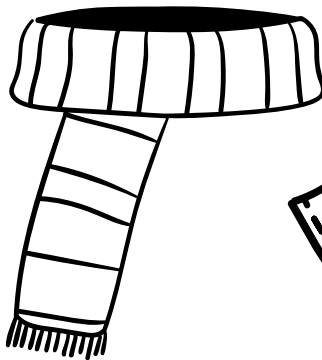
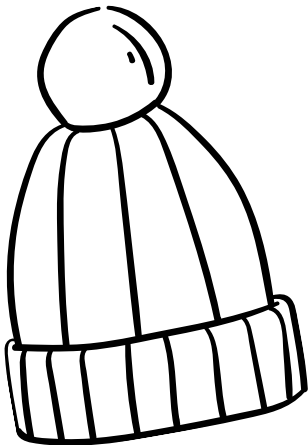
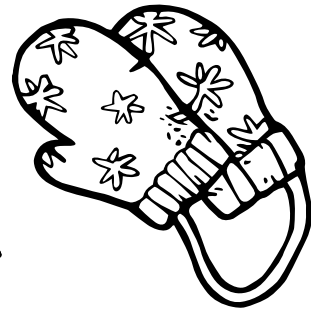
SLEDDING SAFETY

Join Kit and his friends for a fun and safe snow day!





WINTER LAYERS



WINTER STORMS

Do you know what to do before, during, and after a winter storm?

What is a winter storm?

What to do

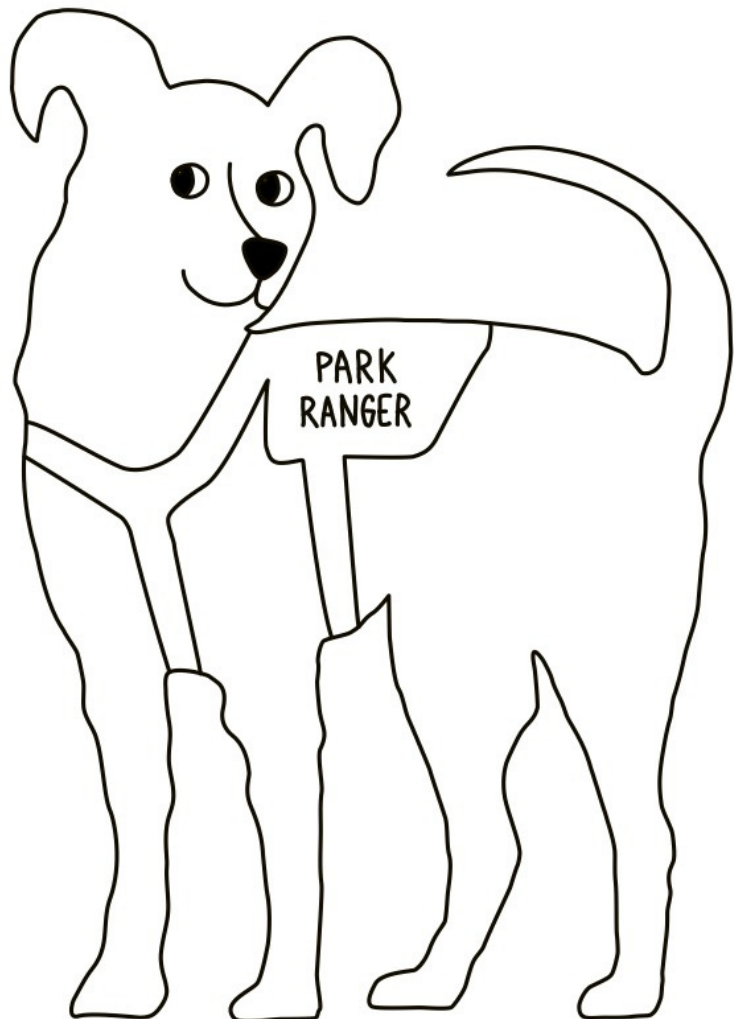
Prepare beforehand

During the storm

After the storm

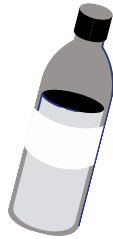
Summer is my favorite time to play outside, but it sure gets hot and humid here in Tennessee!

It is important to prepare for outdoor adventures by bringing water, sunscreen, and other items to protect you from the sun and heat. Make sure you take lots of breaks, and know what heat illness looks like.

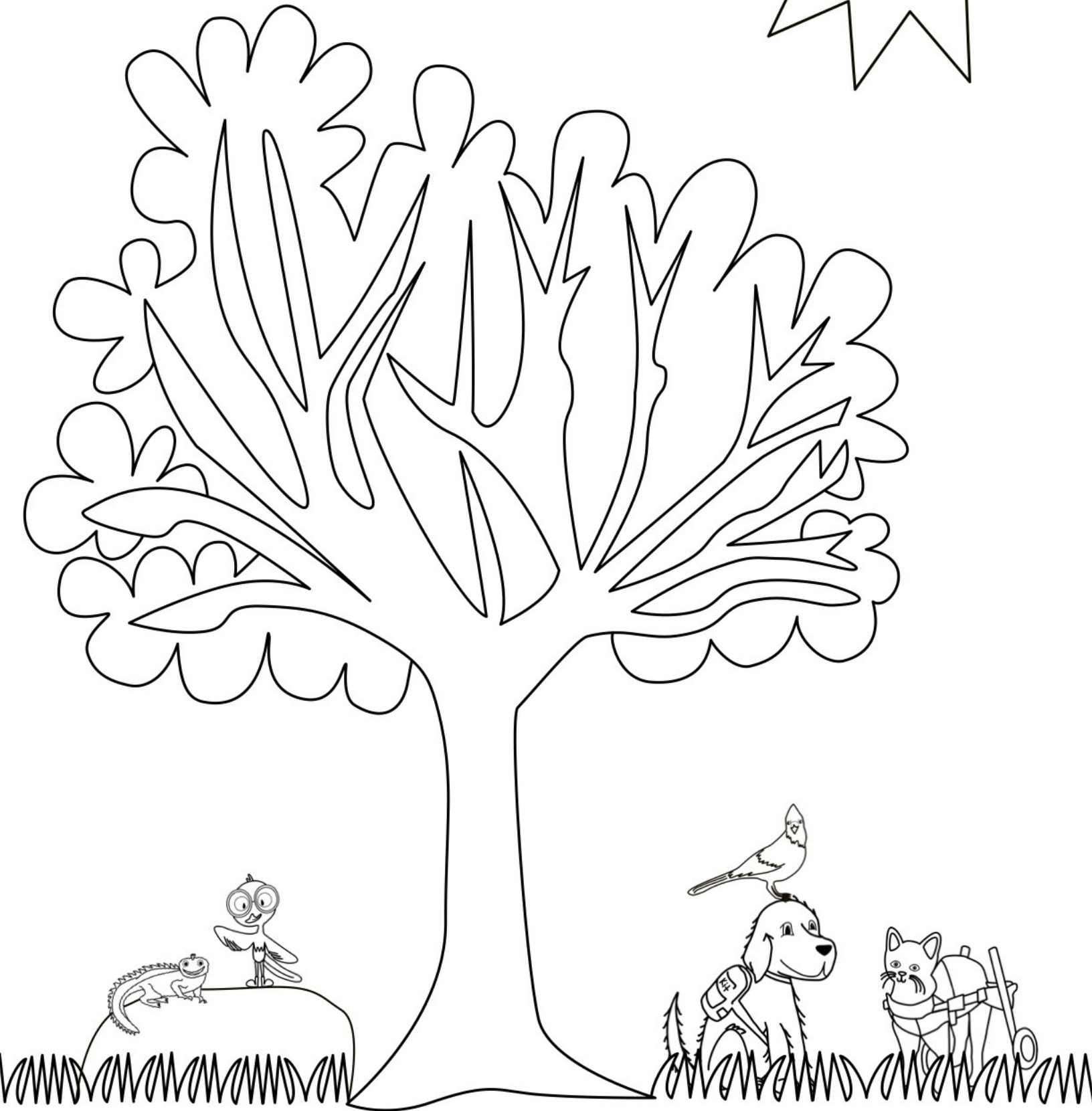
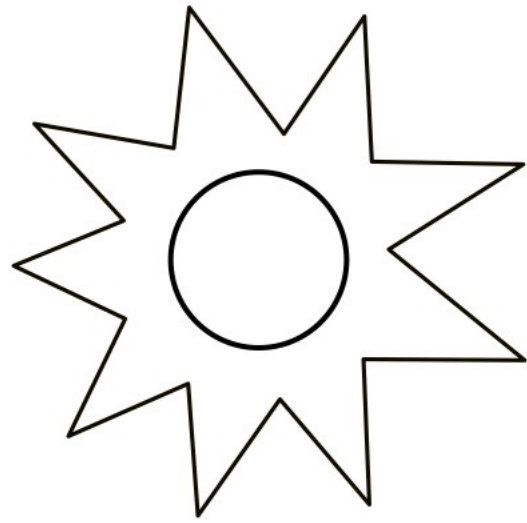


HEAT SAFETY

Draw a picture of Kit and his friends at the beach using the following items that help keep them safe from the sun and heat. What are some other ways they can stay cool while having fun on vacation?



Kit and his friends love playing outside in the summer! They make sure to drink lots of water, and spend time in the shade and indoors if it is too hot.



EXTREME HEAT

What should you do during heat waves?

What is a heat wave?

What to do during heat waves

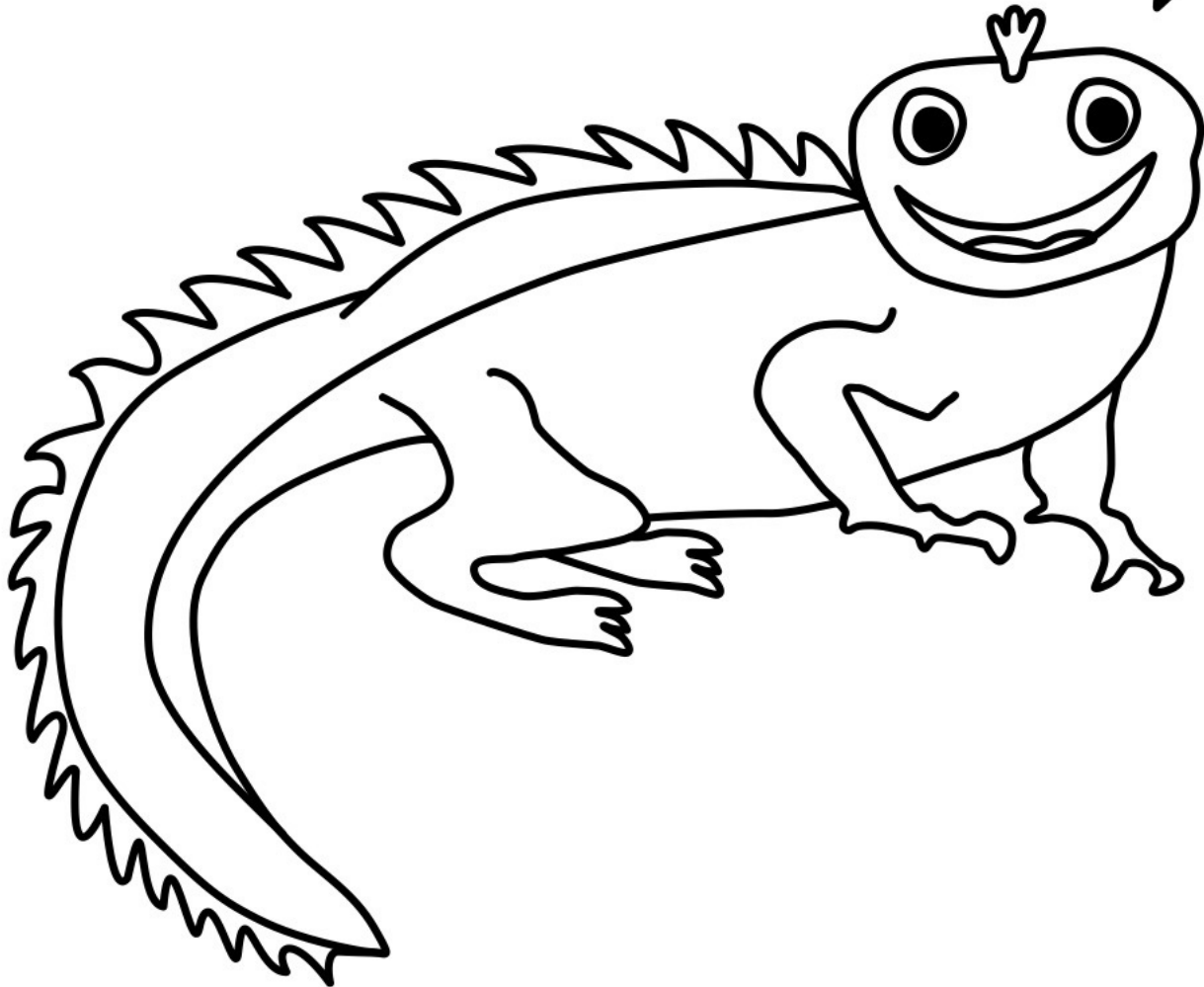
Inside

Outside

Ways to stay cool

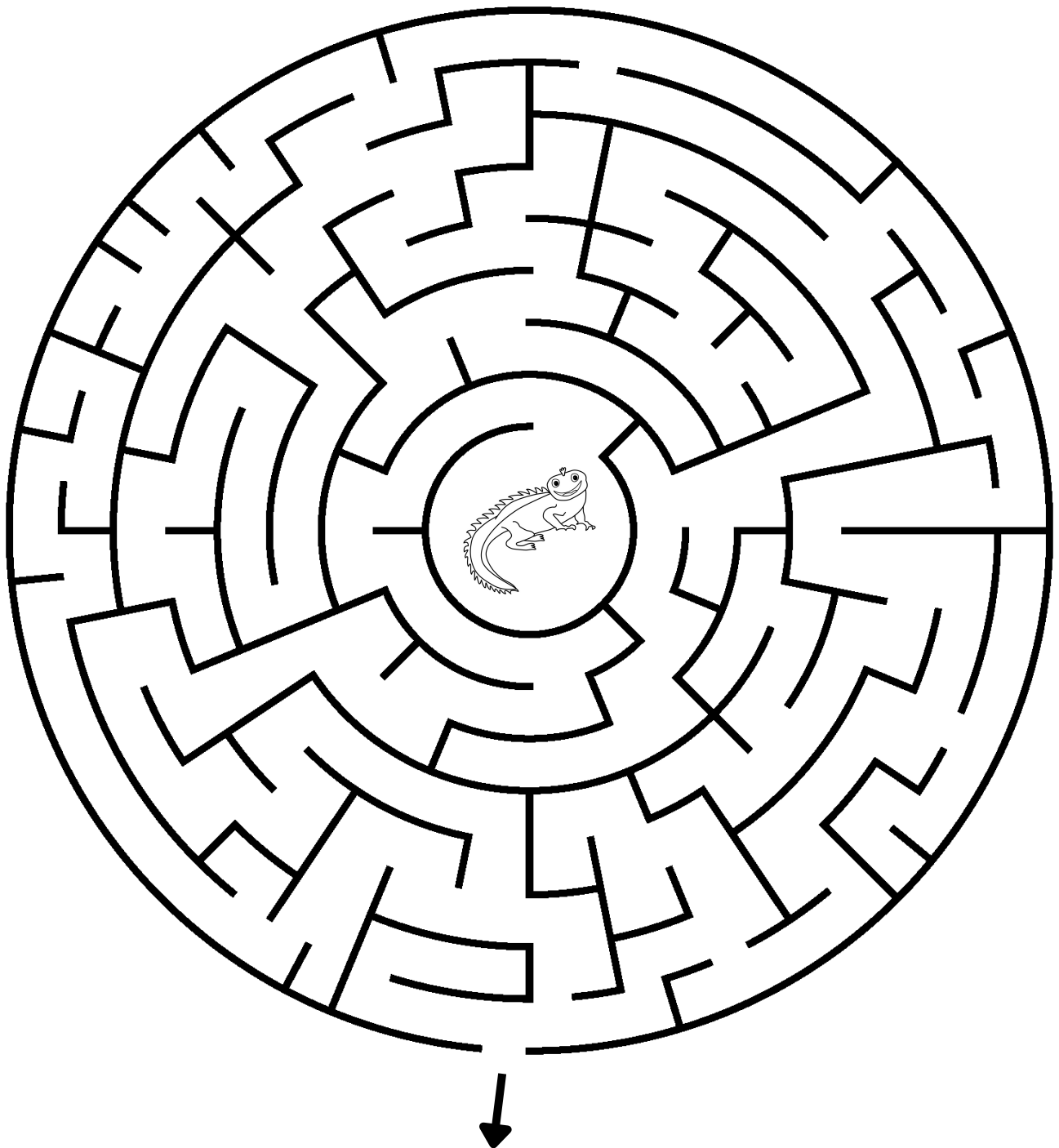
Geologic hazards include sinkholes (like potholes in the road) and landslides. Earthquakes are a sudden shaking of the ground caused by shifting rocks deep underground, and they can cause landslides and other hazards.

We don't have many earthquakes here, but Williamson County is near a seismic zone, so it never hurts to be prepared!



GEOLOGIC MAZE

Help Lizzie avoid potholes and road damage and find a safe way out from the center of the maze!



EARTHQUAKE DRILLS

Practice what to do during an earthquake, so you'll be ready!

1. Drop

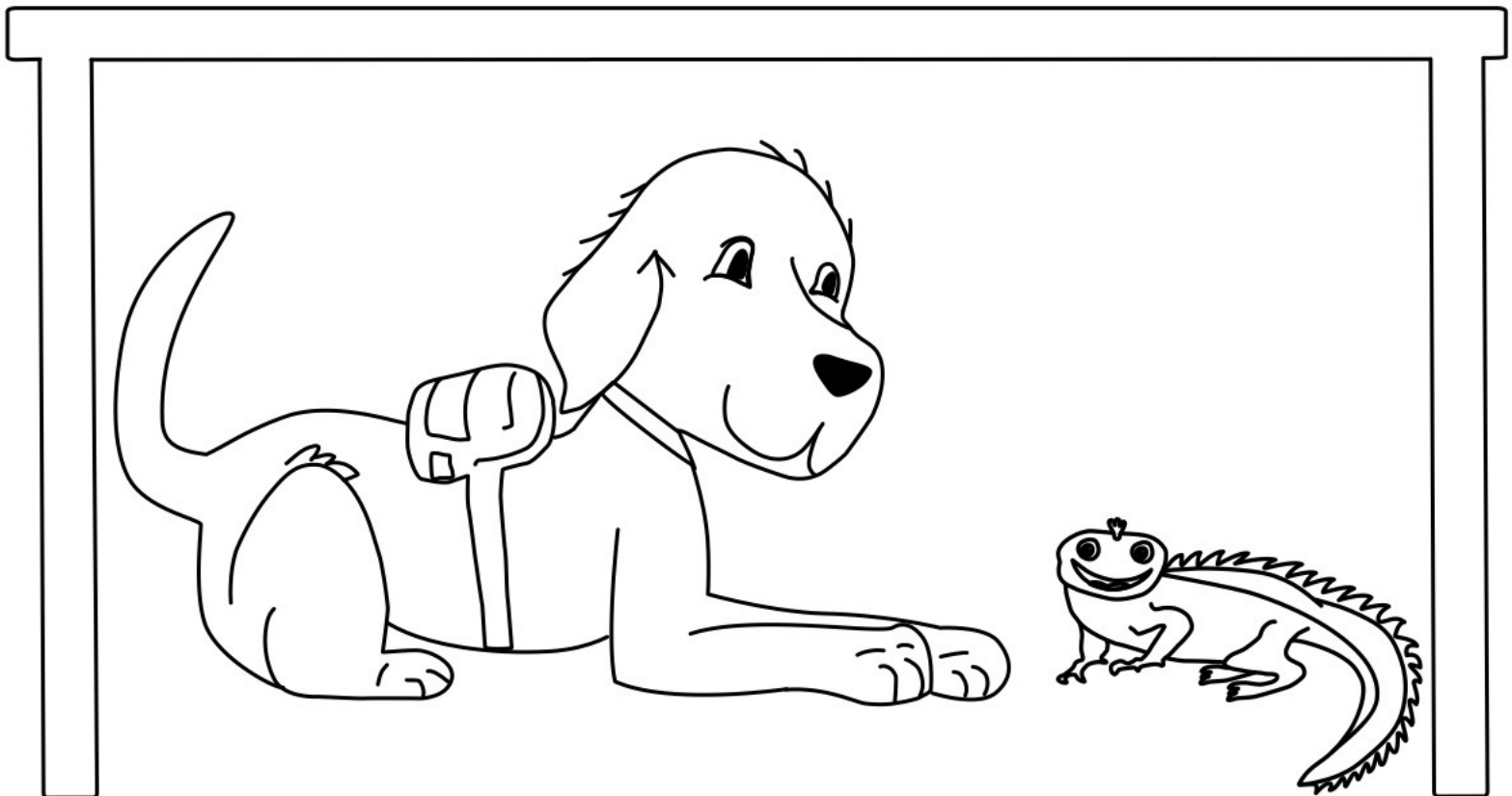
Get down close to the floor, underneath a table or something sturdy. If you are outside, drop to the ground in an open area where things won't fall on you.

2. Cover

Cover your head with your arms to protect yourself from falling objects.

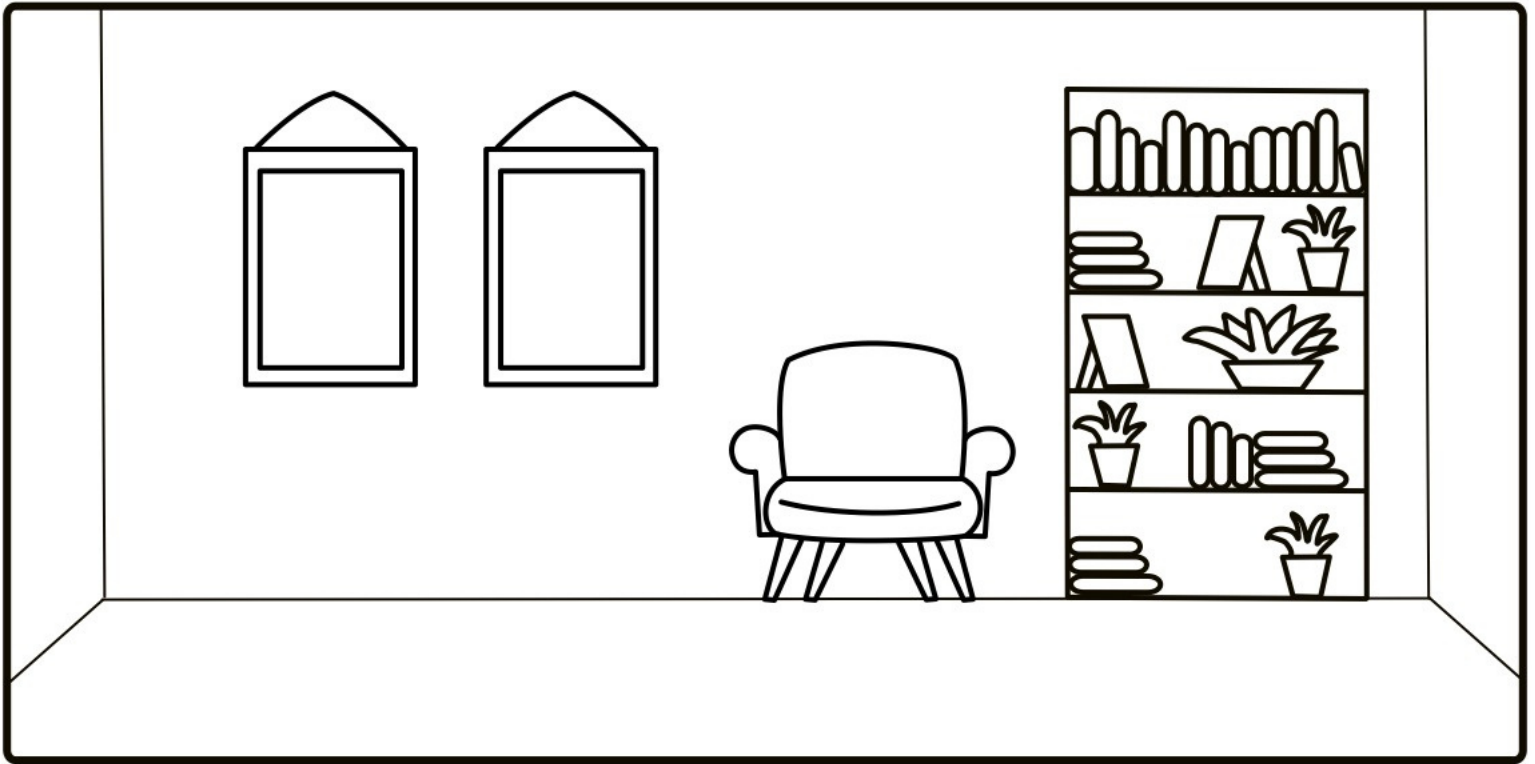
3. Hold on!

Hold on to something sturdy and wait for the earthquake to stop.



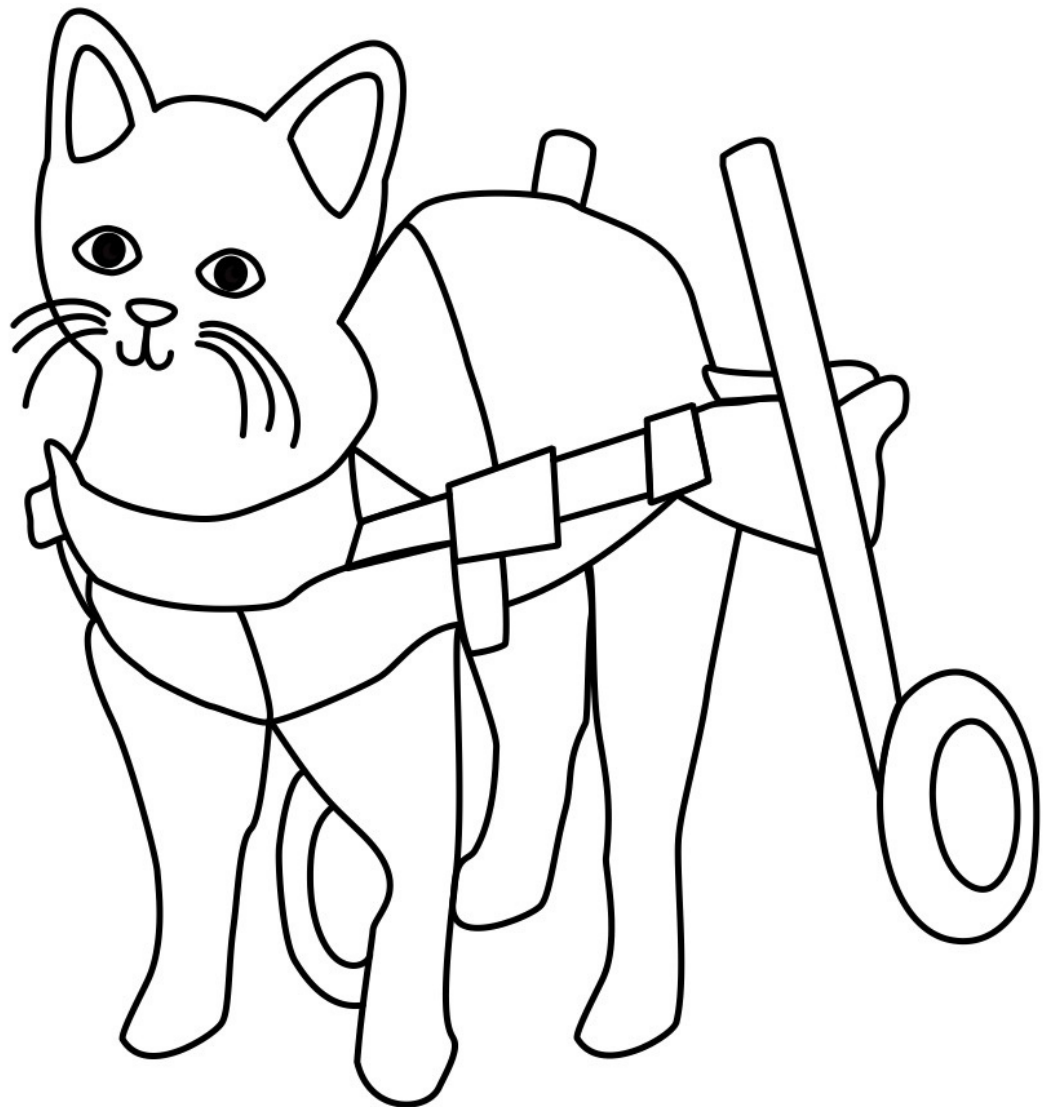
SPOT THE DIFFERENCES

Spot the differences in this room before and after an earthquake.
What could have been secured to keep the room safer?



There are lots of ways to get sick or accidentally spread a cold. Luckily there are things we can all do to help prevent the spread of illness, like washing our hands and sneezing and coughing into our elbows instead of the open air.

Since I'm in a wheelchair, there are some things I have to prepare for in advance that are unique compared to my friends. Other people who may have a long-term illness or low immune system need to be extra careful when trying to stay healthy during the cold and flu season.

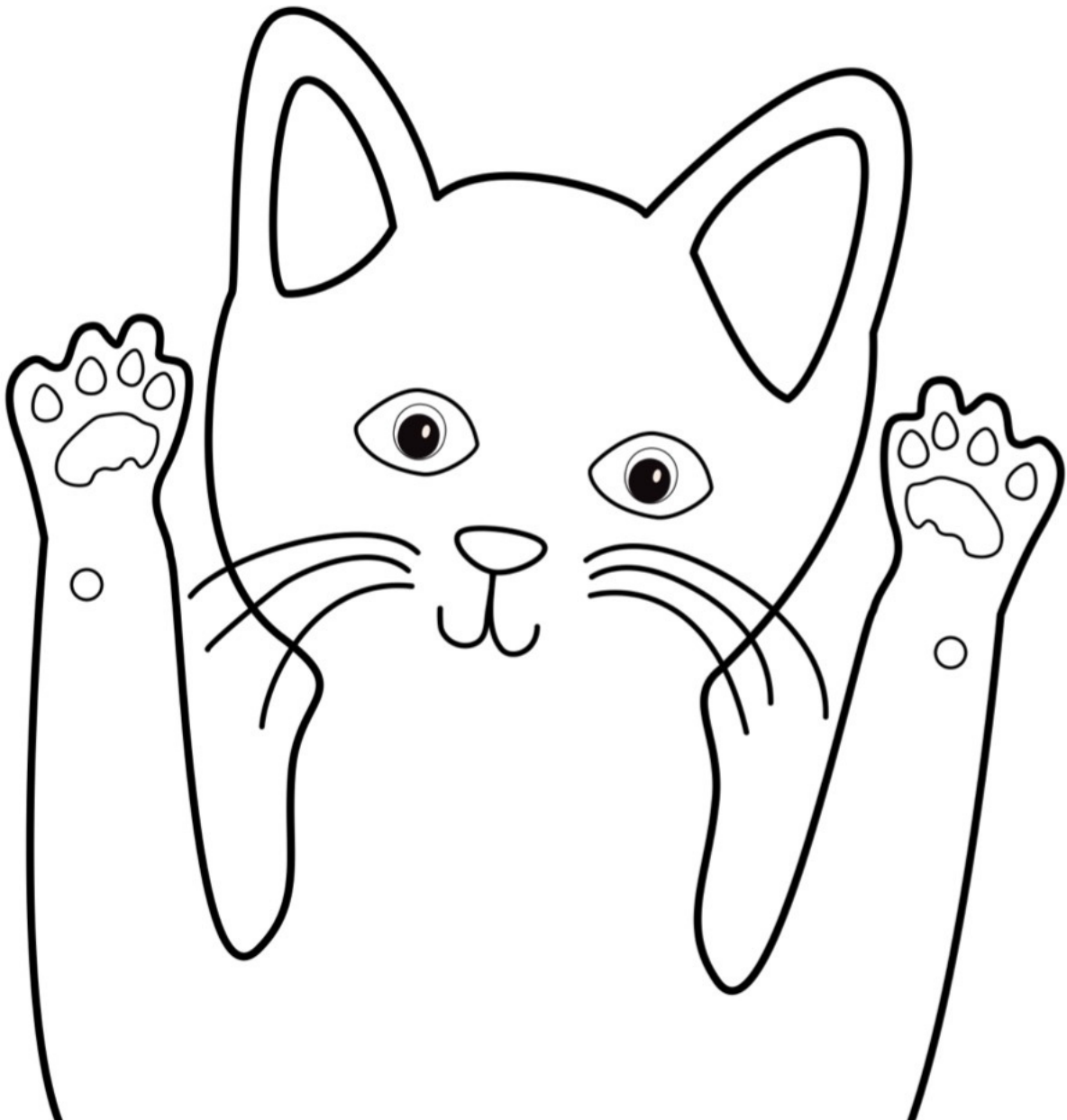


WASH YOUR PAWS

Remember to wash your hands often to help keep from getting sick!

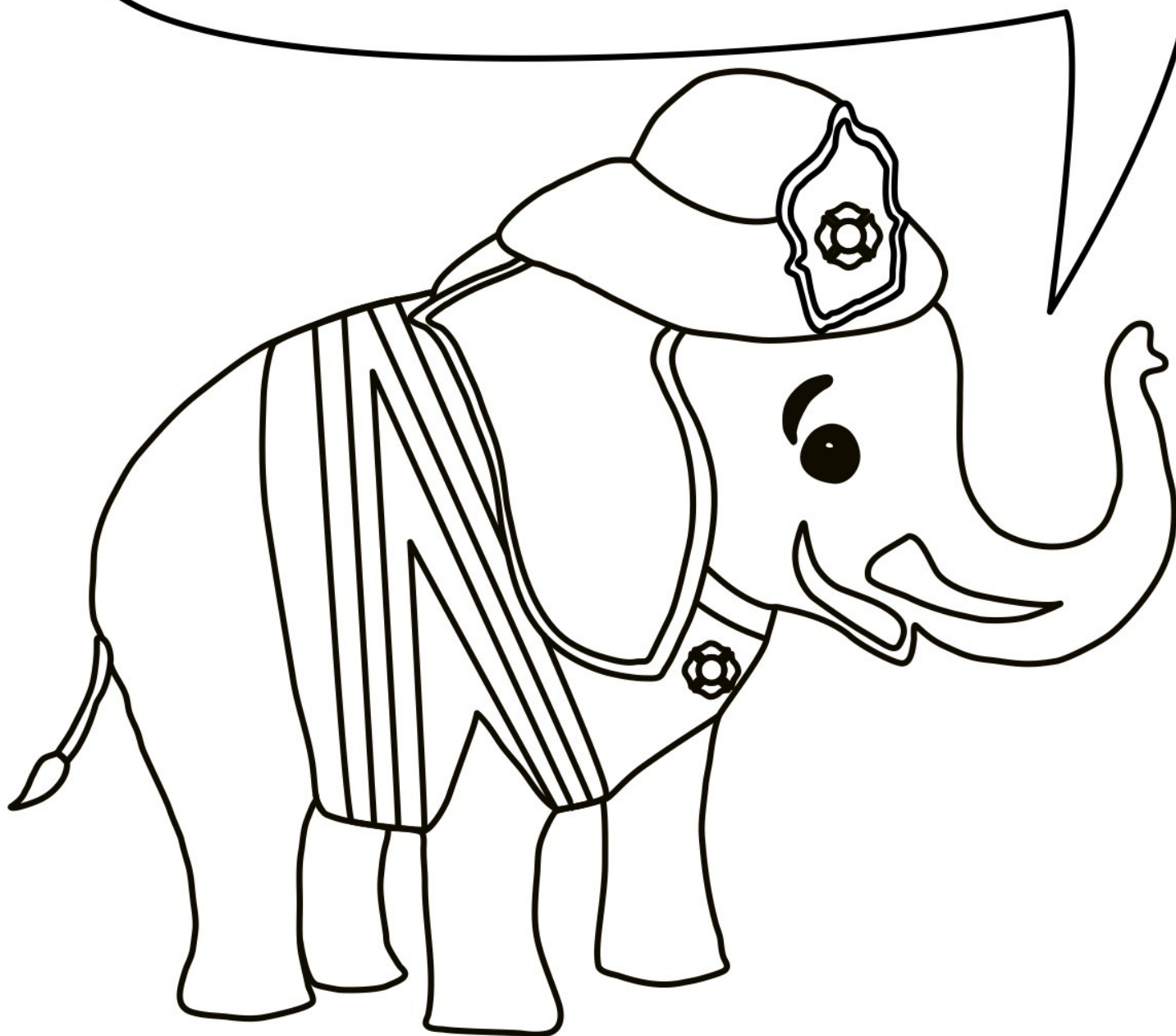
List some situations when it's a good idea to wash your hands:

_____	_____
_____	_____
_____	_____



Chemicals are used in lots of ways to help better our lives. However, some chemicals can also be harmful to people or the environment if released improperly.

A hazardous material release occurs when a poisonous chemical spills or is released into the environment.



HOUSEHOLD HAZARDOUS MATERIALS

Find the names of some the common household hazardous materials in the puzzle. Words can go in any direction and share letters as they cross over each other.

D	E	H	D	D	E	C	A	K	V	C	F	J	J	B
V	T	G	J	L	N	U	H	K	O	W	H	K	V	N
Z	H	G	Z	W	A	S	R	E	X	N	K	J	Q	X
J	I	V	W	Z	P	B	W	L	M	O	F	S	X	W
T	M	G	Z	P	O	H	G	I	O	I	R	P	M	Q
U	U	K	S	Z	R	B	C	S	S	E	C	E	R	T
P	Z	A	M	A	P	B	W	X	T	R	D	A	C	U
S	E	D	I	C	I	T	S	E	P	I	E	Y	L	X
K	N	I	U	T	D	P	M	R	C	Y	S	F	E	S
O	V	W	C	C	H	O	S	I	B	D	S	J	A	U
Y	Y	S	I	Z	M	P	N	L	L	I	O	F	N	L
K	P	F	I	R	A	E	Y	Q	B	L	I	D	E	W
E	Q	T	E	I	C	I	Y	D	B	U	E	Z	R	R
S	V	H	N	I	D	L	D	B	H	R	K	U	S	P
K	T	T	B	A	T	T	E	R	I	E	S	R	F	J

BATTERIES

CHEMICALS

CLEANERS

MEDICINE

OIL

PAINT

PESTICIDES

FUEL

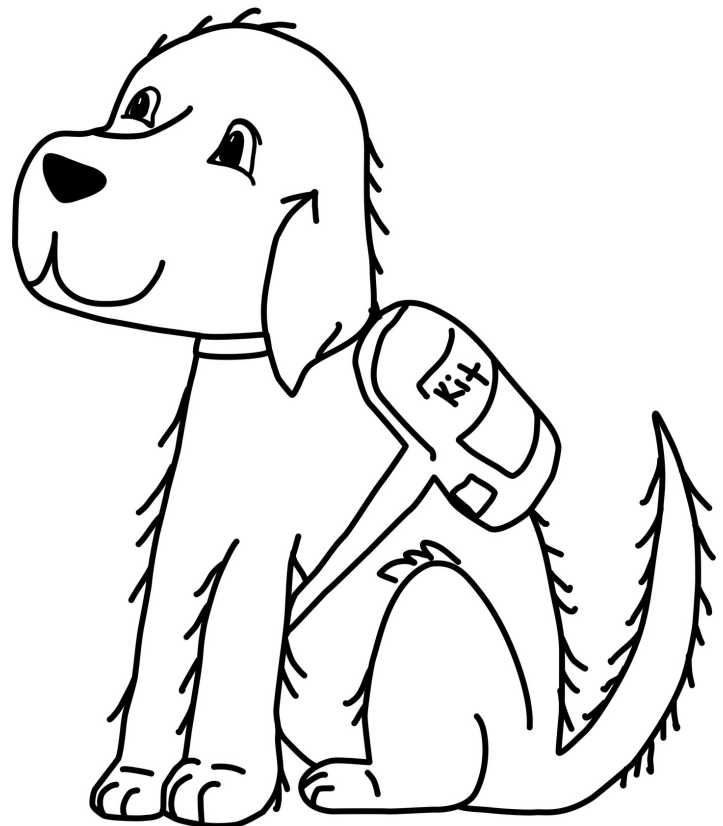
PROPANE

THERMOMETERS

Sometimes, a person or group will use violence against people or property to cause fear.

Remember the three steps of what to do during an attack in a public place: run, hide, and fight.

Sometimes attacks in public places can be really scary, and it's important to talk with an adult about how you feel.



BEING SAFE IN PUBLIC

Do you know what to do before, during, and after an attack in a public place?

What is an attack in a public space?

What to do

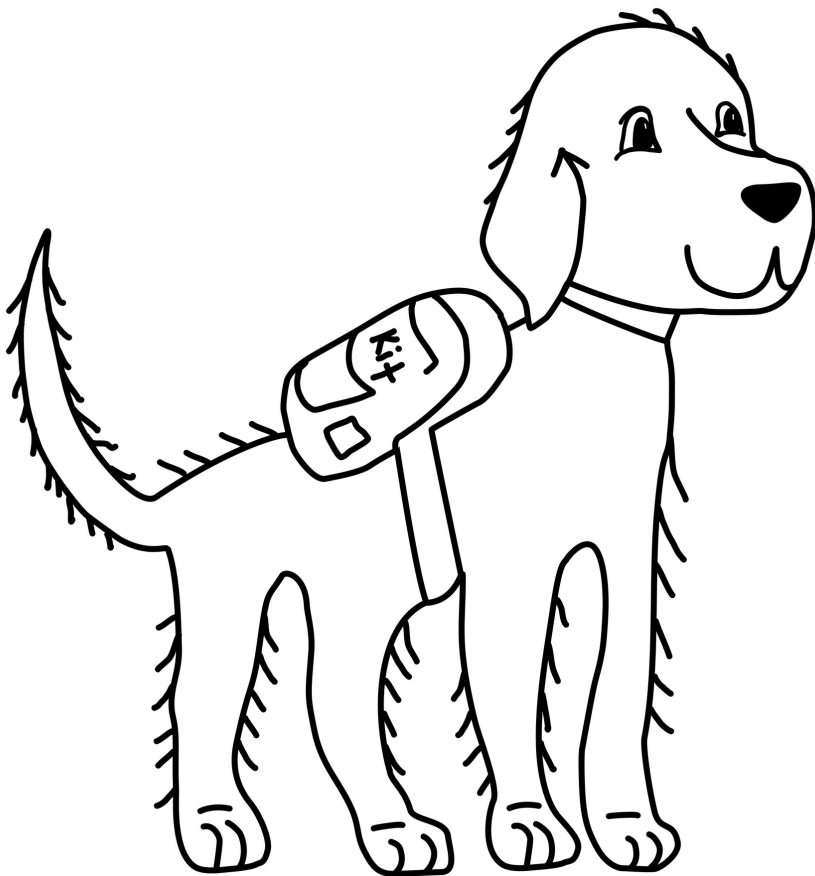
Before

After

During

One of the most important ways to be prepared is to build a basic disaster supply kit, or an emergency kit. Building a kit can be fun!

To begin building your kit, collect enough basic essential items to last three days. Don't forget to pick a cool bag for packing! I like to use my backpack with my name on it.



BASIC DISASTER KIT



- ☐ water for 3 days, 1 gallon per person per day
- ☐ 3 day supply of non-perishable food and can opener
- ☐ hand-crank radio and battery-powered AM radio/weather radio
- ☐ flashlight and batteries
- ☐ first aid kit
- ☐ whistle to signal for help
- ☐ dust mask and duct tape
- ☐ wet wipes, garbage bags, ziploc bags, plastic ties, utensils
- ☐ wrench or pliers to turn off utilities
- ☐ local maps, paper, pencil, pen
- ☐ phone chargers
- ☐ important documents: insurance info and birth certificates
- ☐ pet supplies, including pet food
- ☐ cash
- ☐ umbrella
- ☐ blankets

VEHICLE KIT



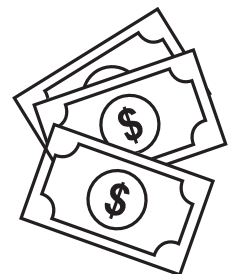
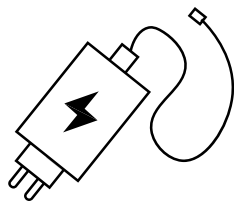
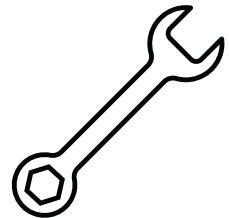
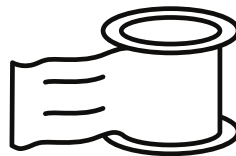
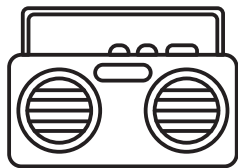
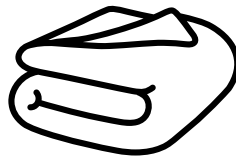
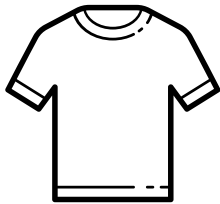
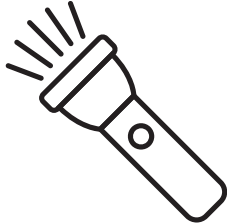
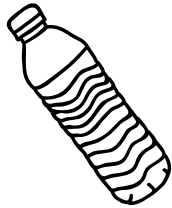
- ☐ reflective triangles
- ☐ blankets and cold weather clothing
- ☐ first aid kit
- ☐ water and non-perishable foods
- ☐ jumper cables
- ☐ a properly inflated spare tire
- ☐ toolkit

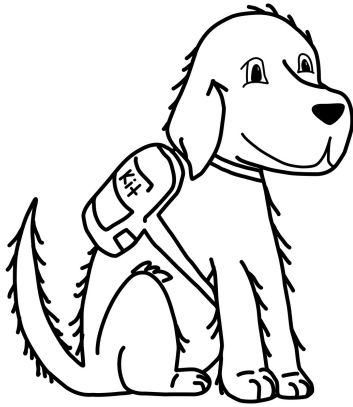
YOUR SPECIFIC ADD-ONS

- [illegible]

EMERGENCY KIT

Color in these items that are important to keep in your emergency kit!





KIT'S EMERGENCY KIT WORD SEARCH

Find the list of emergency kit
items in the puzzle below!

B	A	T	T	E	R	I	E	S	R	C	W
J	K	M	F	I	R	S	T	A	I	D	H
U	I	B	L	A	N	K	E	T	P	F	I
J	T	P	W	W	A	T	E	R	V	K	S
F	L	A	S	H	L	I	G	H	T	M	T
K	E	B	A	C	K	P	A	C	K	A	L
S	W	P	E	N	G	F	O	O	D	P	E
J	P	P	Y	O	R	A	D	I	O	N	D

BACKPACK

BATTERIES

BLANKET

FIRST AID

FLASHLIGHT

FOOD

KIT

MAP

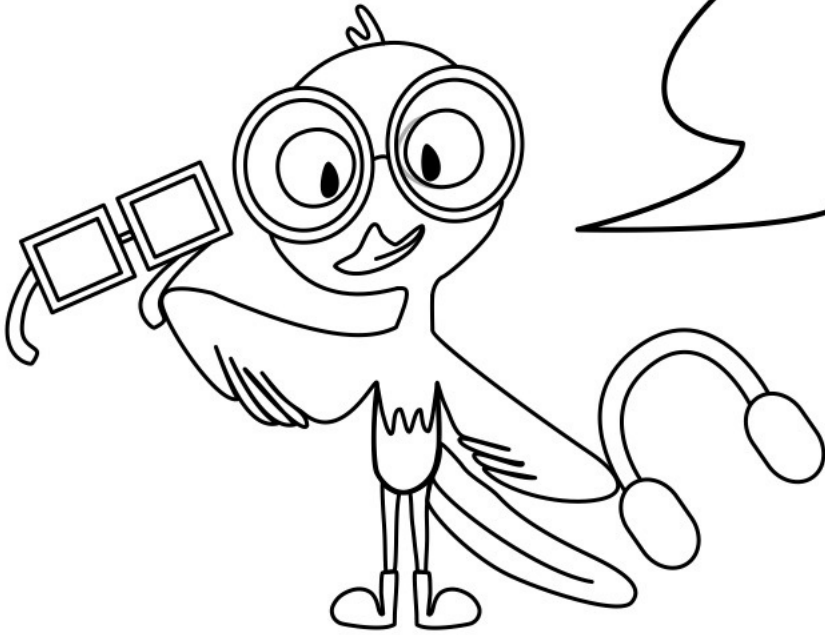
PEN

RADIO

WATER

WHISTLE

EXTRA ITEMS

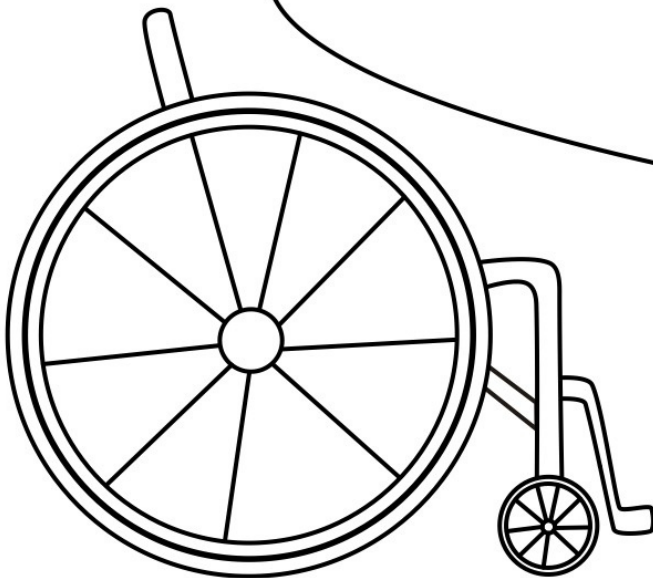


If you wear glasses like me, don't forget to include an extra pair in your kit!

I also like to have noise-cancelling headphones in my kit. Sometimes I get overwhelmed by lots of noise, and these will help me stay calm during a disaster.

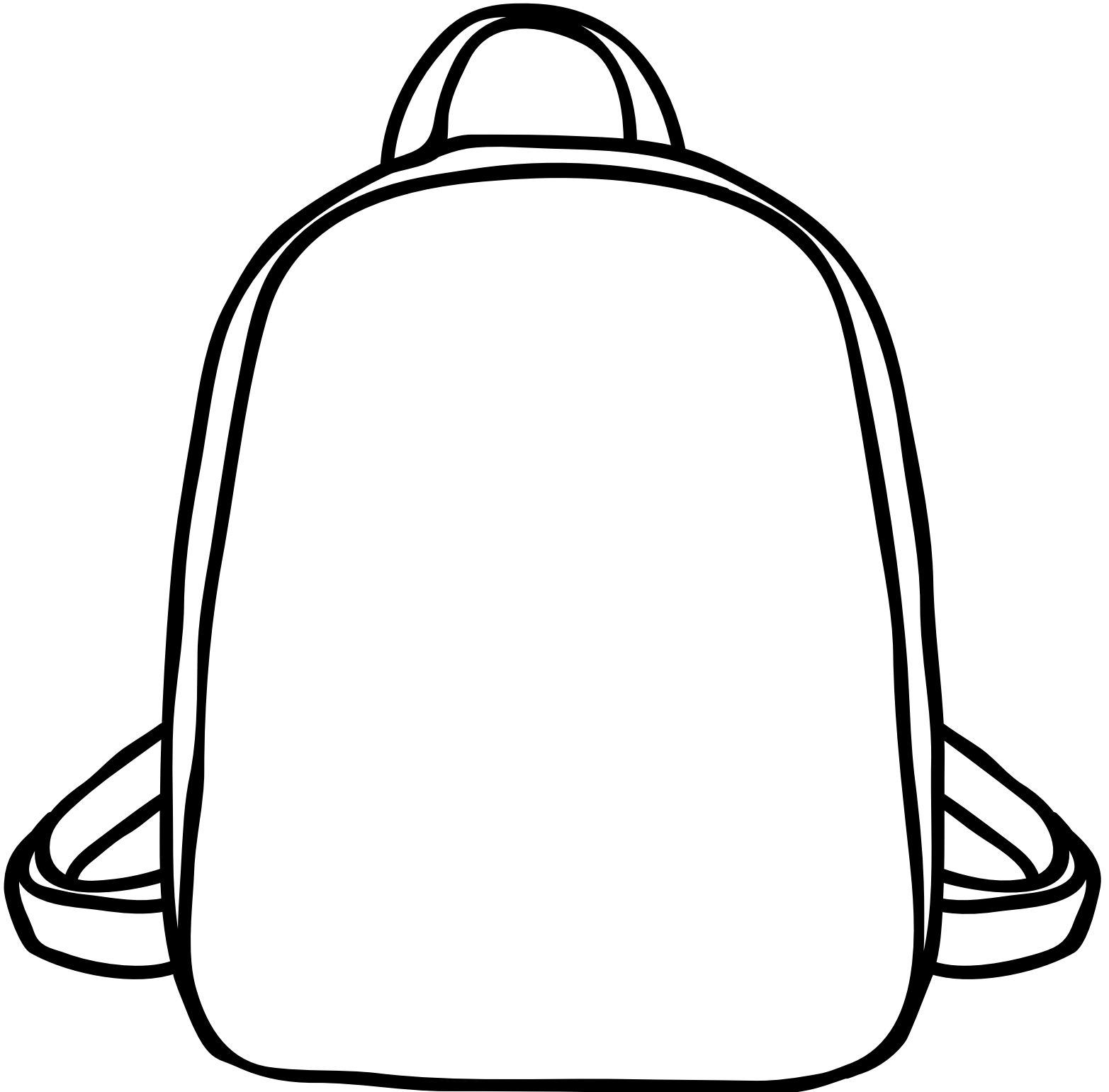
I may need to remember to pack items for my wheelchair, like a tire pump!

Are there any extra items you need to remember to include in your kit?



my KIT

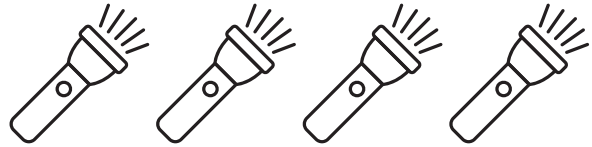
Draw extra items to include in your kit inside the backpack below!



MATCHING

Draw a line to match the number with the correct number of items.

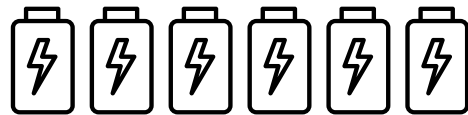
6



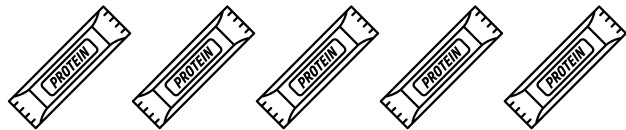
4



2



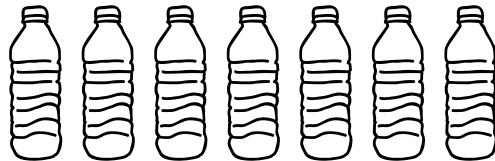
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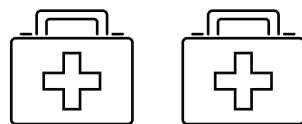
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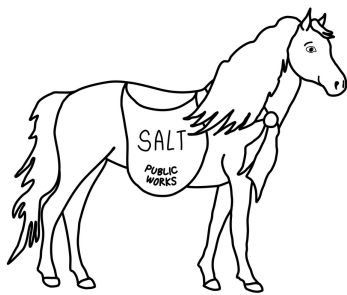


1



3





EXTRA KIT ITEMS



Camila wants to make sure you are prepared for cold weather on the go with extra items in your family car, and Parker thinks you'll have more fun hiking if you're prepared! What are some items that should go in your winter car kit and hiking backpack?

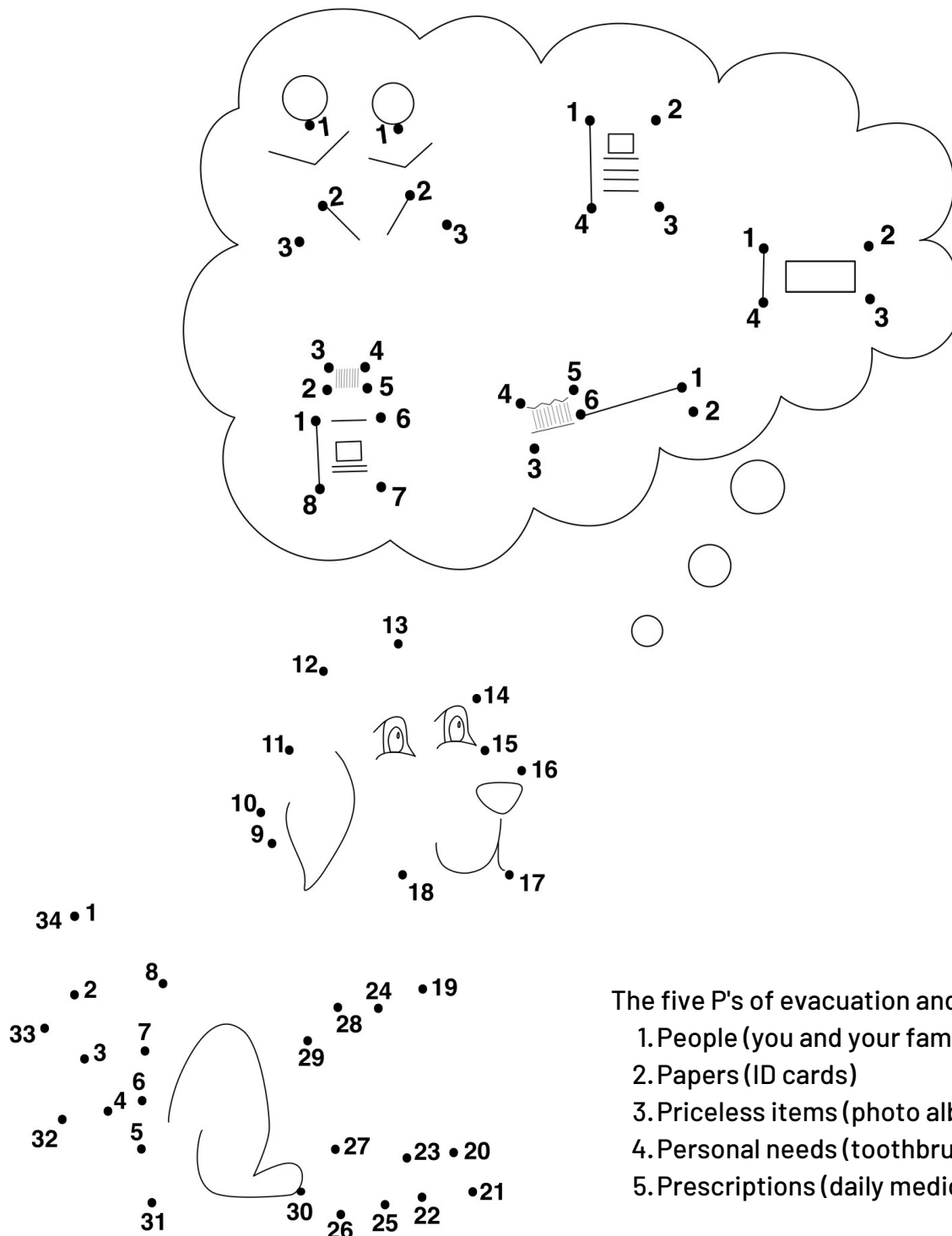
WINTER KIT

OUTDOOR WILDERNESS KIT

EVACUATIONS

Many kinds of emergencies can cause you to have to evacuate your home or city. In some cases, you may have a day or two to prepare while in other situations you may need to leave right away.

Kit is thinking about the five P's of evacuation. Connect the numbered dots to find examples of what to bring when evacuating.

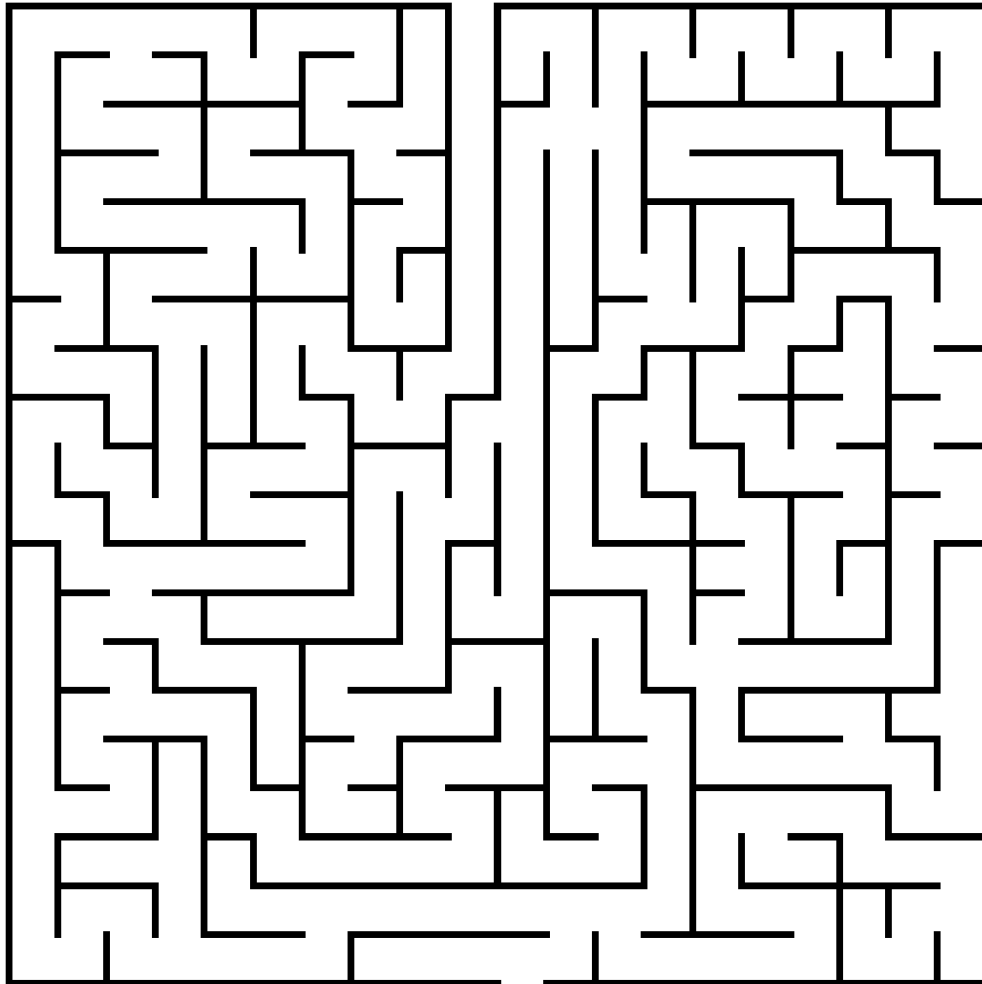
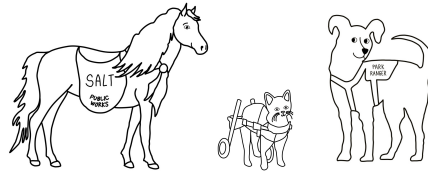


The five P's of evacuation and examples:

1. People (you and your family)
2. Papers (ID cards)
3. Priceless items (photo albums)
4. Personal needs (toothbrushes)
5. Prescriptions (daily medications)

EVACUATIONS

A wildfire is coming in and the town needs to evacuate. Help Kit find the way to the safe evacuation point where his friends are waiting!

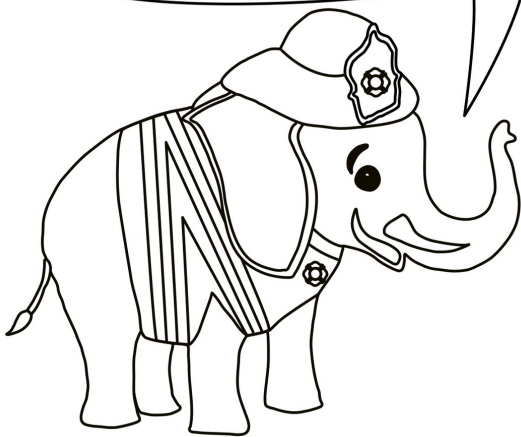


FIRE SAFETY

Remember the 4 steps to fire safety if there's a fire in your home:

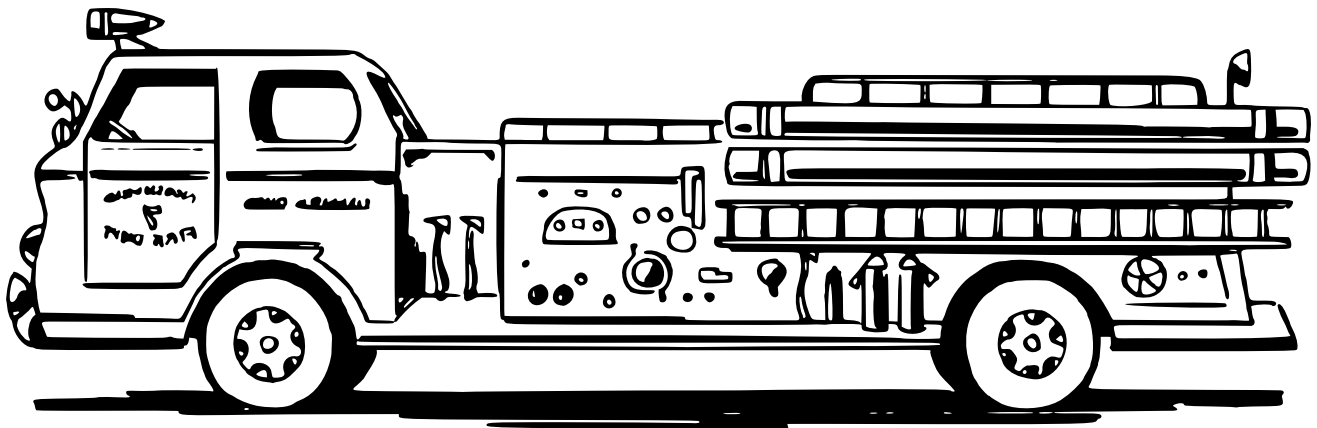
1. Get out quickly and stay out
2. Meet your family members at a preplanned safe spot
3. If there's smoke, stay low to the ground when you exit
4. Call 911 from a neighbor's place (make sure you know your address!)

Never hide from
firefighters. If there is a fire
they can help you escape!



My address:

Our safe spot:



HOME FIRE ESCAPE PLAN



1. Draw a map of your home and mark two ways out of each room, including windows and doors.

2. Pick an outside meeting place, like a mailbox or stop sign.

3. Practice!

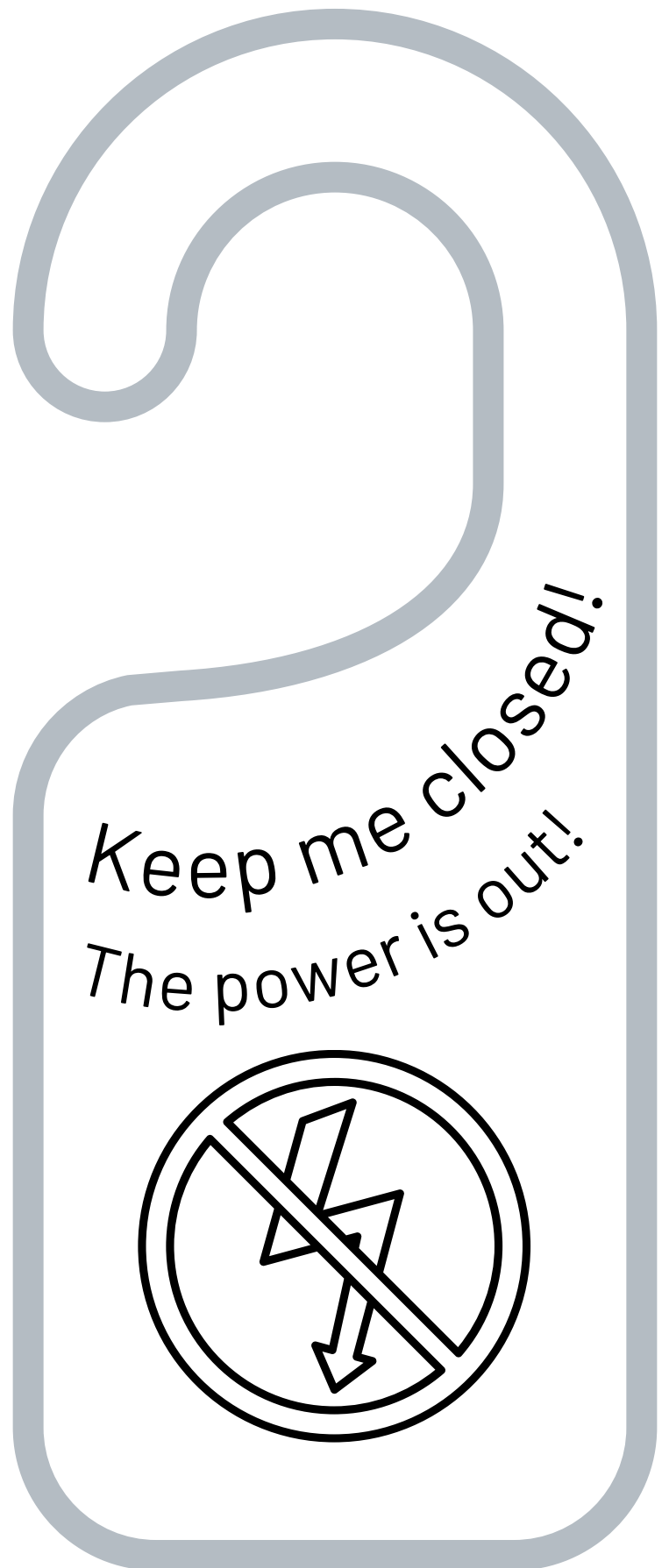
Draw your plan here 

POWER OUTAGE

When the power is out, opening your fridge or freezer will release the cold air. To keep food from being spoiled, keep the fridge closed while the power is out!

Color and cut out this hanging tag to keep in your kitchen. If the power goes out, hang it on your fridge door to remind your family to keep the doors closed.

If the power is out for a long time and you are not sure if the food is still good, play it safe. Remember, when in doubt, throw it out!

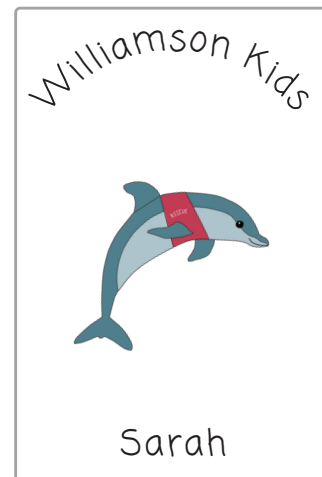
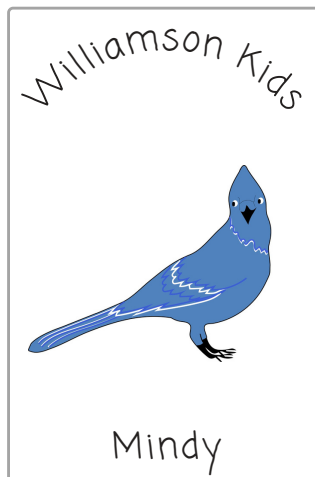
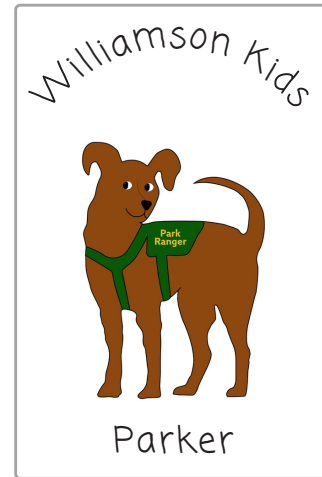
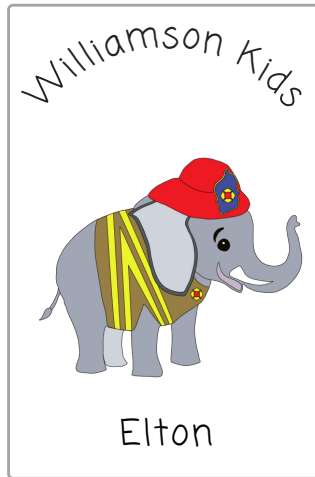
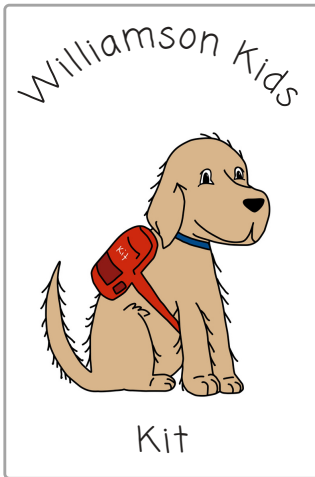


KIT AND FRIENDS MEMORY GAME

Instructions (ask an adult for help)

PAGE 1

- Cut out the cards on both pages.
- Place the cards printed side down and take turns to reveal and match.
- Collect each matched pair of cards. The player with the most cards wins!

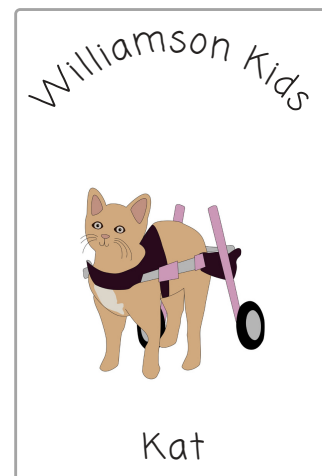
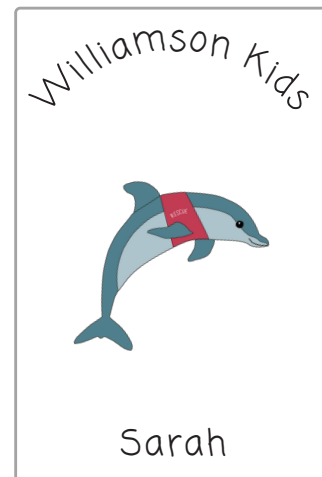
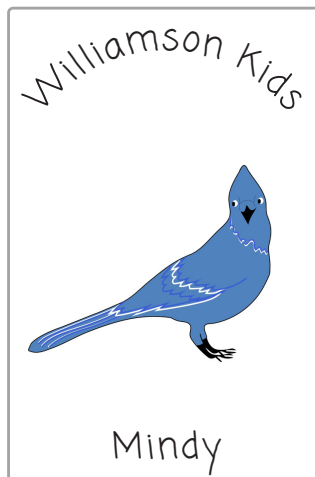
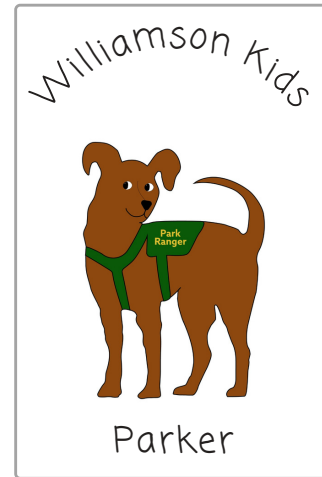
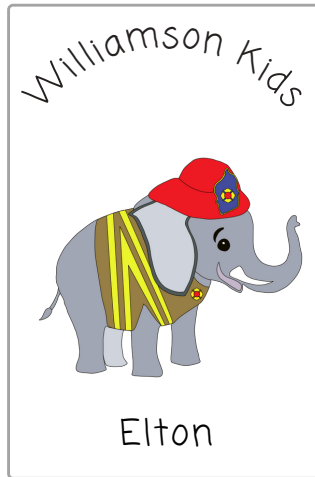
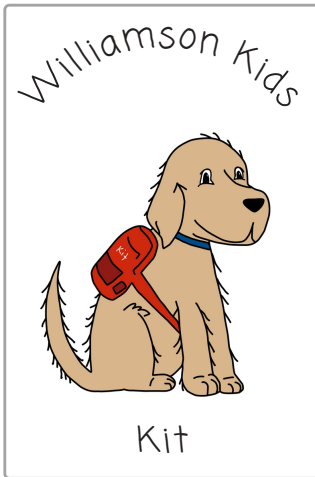


KIT AND FRIENDS MEMORY GAME

Instructions (ask an adult for help)

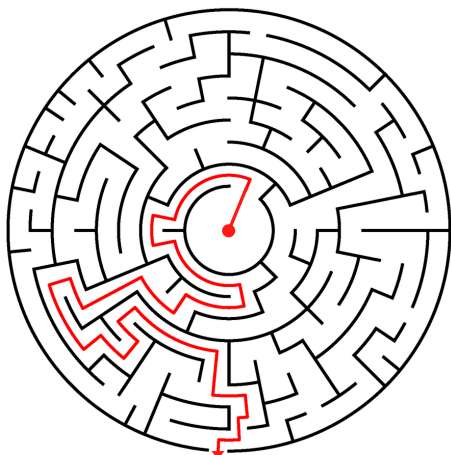
PAGE 2

- Cut out the cards on both pages.
- Place the cards printed side down and take turns to reveal and match.
- Collect each matched pair of cards. The player with the most cards wins!

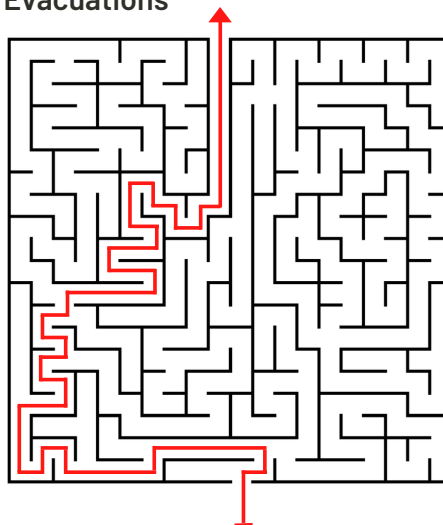


ANSWER PAGE

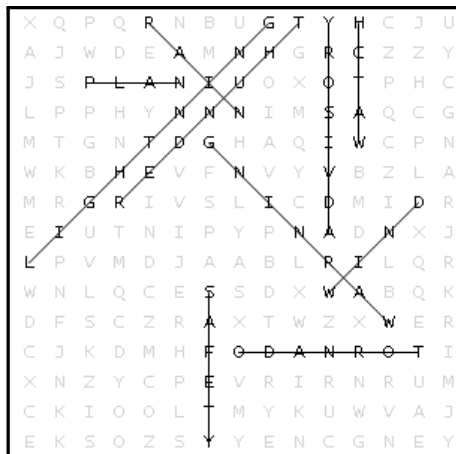
Geologic Maze



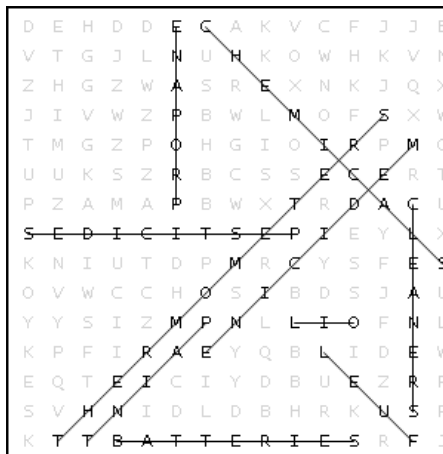
Evacuations



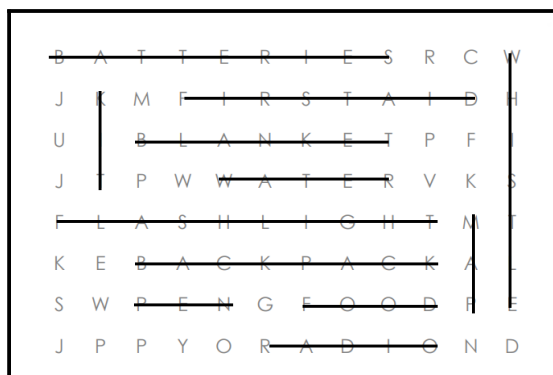
Storm Safety



Household Hazardous Materials

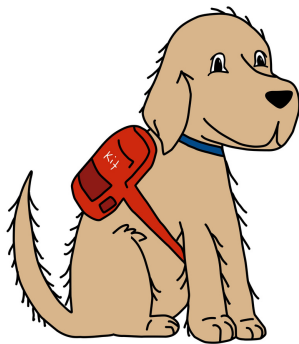


Kit's Emergency Kit



ARE YOU READY?

I'M
WILLIAMSON
READY!



WILLIAMSONREADY.ORG

